

Special Topic: Strength and Courage

It takes strength to be certain,
It takes courage to have doubts.

It takes strength to fit in,
It takes courage to stand out.

It takes strength to share a friend's pain,
It takes courage to feel your own pain.

It takes strength to hide your own pain,
It takes courage to show it and deal with it.

It takes strength to stand guard,
It takes courage to let down your guard.

It takes strength to conquer,
It takes courage to surrender.

It takes strength to endure abuses,
It takes courage to stop them.

It takes strength to stand alone,
It takes courage to lean on a friend.

It takes strength to love,
It takes courage to be loved.

It takes strength to survive,
It takes courage to live.

May you find strength and courage
in everything you do,
And may your life be filled with
Friendship and Love!

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