Baseball:

Bloomsburg pitcher Vinny Voorhees (New Hope-Solebury) pitched a complete six-inning game to defeat Shepherd University, 8-4, in the second game of a doubleheader Saturday. Voorhees struck out five and walked none. In the first game, a 12-6 loss for the Huskies, Keith Meyer (Council Rock South) drove in a run.

DeSales junior pitcher Travis Hughes (Conwell-Egan) tossed two shutout innings in relief, allowing one hit and striking out two, in a 6-5 win over Schreiner on Monday.

Pat Dameron (Pennridge) went 2-for-4, but Delaware fell to Wilmington, 4-0, on Saturday. Dameron also had two hits and two RBIs in a 9-3 loss to Saint Joseph's on March 2.
Shepherd women's lacrosse coach Tammy Butler says the Rams are winning because of a successful blend of youth and returning players that survived the growing pains of their inaugural season.

Shepherd women's lacrosse coach Tammy Butler asks all recruits the same question. Do they want to be part of something established, or do they want to build something?

She's not knocking the establishment -- there are challenges both ways -- but the second-year coach knows the kind of player she wants at her young program. The approach is working. After winning two games in their inaugural season, the Rams have already doubled their all-time win total with a 4-0 start.

"Just by the caliber of individuals we have, we are truly poised for greatness," Butler said. "I'm excited about how we're meeting the challenges."
Twelve newcomers joined 10 returners from a team composed mostly of club players and walk-ons for the 2011 edition. They've meshed together remarkably quickly.

Shepherd trailed by two with three minutes remaining in the season opener against Shenandoah, but rallied to force overtime and won it when freshman Shannon Carta scored in sudden death on a feed from classmate Jenna Cavey.

"These freshman players took a huge risk on a new program," Butler said. "They need to be commended. For a young team playing in their first game, it just tells you a lot about the team. Their drive and their ability to overcome."

The Rams have since defeated Ferum 18-7, Wilmington 22-17 and West Virginia Wesleyan 26-5. The veterans are stepping up as well. Sophomore Nicole Ruane has 29 points and her classmate Krista Tippet has 21. Carta leads the newcomers with 23 points. Freshman goalie Emily Melanson has made 31 saves.

"They're blending," said Butler. "We've done a lot of work. They appreciate each other."

The Rams hit the road to take on Millersville on Friday.

No team has as many games under its belt than the six played by Orlando-area Rollins College (5-1). The Tars have used their location to lure top northern teams on spring break, hosting Adelphi, and Stonehill comes to town next week. Last week the Tars took their own spring break, headed north and won two games in North Carolina.

Last Friday, Rollins ended the game with six unanswered goals for a come-from-behind 16-11 victory over Pfeiffer, a team which had just pushed No. 9 Gannon to the brink. Two days later the Tars beat Queens (N.C.) 18-8 behind four goals from Erica Pagliarulo.

Rollins is home for the next four games, hosting teams from as far away as Massachusetts (Stonehill) and Missouri (WCLA contender Lindenwood). When the homestand ends, the Tars make their own long trip to take on PSAC foes Lockhaven, Edinboro and Millersville.

Junior Ashley Olen, the 2011 ECC Preseason Player of the Year and a second team All-American in 2010, was one of two Division II players named to the Tewaraton Award watch list this week. Olen led the Pioneers with 61 goals last season.

Post got the season started in a big way Wednesday with a 16-5 victory over Georgian Court. Freshman Jackie Sileo had the big game, tallying three goals and four assists in her NCAA debut.

Post heads to Southern New Hampshire on Sunday.

The nation's reigning leading scorer, Claire Petersen, was named to the Tewaraton watch list this week, the fifth Adelphi player ever to make the list. The junior had five goals and one assist in Adelphi's lone game, a 21-9 victory over Rollins in February.

Petersen and the Panthers make their home debut Saturday against Philadelphia.
WOMEN’S TENNIS

Wilkes 8, Shepherd 1

Ally Kristofco earned wins at No. 1 singles and No. 1 doubles, teaming up with Alexis Donner for the Lady Colonels for a win at Hilton Head Island, S.C.

Wilkes won all three doubles matches in the final contest of the team’s southern trip.
Cash taking talents to Shepherd

For the Green Hornets, Cash could play about any position on the field. Offensively as a receiver he had 51 career catches for 1,128 yards and 13 touchdowns. He also had 43 rushes for 234 yards.

But it was on defense where he excelled, with 121 career solo tackles and 27 for a loss. Overall, he had 338 tackles and two interceptions.

WASHINGTON — Wilson Memorial's Weston Cash will take his football talents to the gridiron at Shepherd University.

The Green Hornet senior announced his decision Friday, signing a letter of intent to play for the Rams, while accepting a partial scholarship to the Division II school.

"I like the size of Shepherd, and it is not too far," Cash said, noting the Rams will use him as either a strong safety or outside linebacker.

Cash said he might not play his freshman year, since several seniors will be filling those positions.

"It will take me a while. There's a good possibility I will be redshirted to learn the system," he said. "When I am a sophomore, they will have some to graduate."

"At the next level, it takes a little while to mature and take the pounding," Wilson coach Derek McDaniel said. "He will play against good caliber football. I'm glad they have the redshirt. You don't lose a year of eligibility, and you still get four years to play."

"I played strong side linebacker here since I was a sophomore," he said. "I like to play defense. I like hitting people." Cash, who has been a member of the Wilson baseball team, will forego that sport this spring to prepare for football.

"They will give me a workout plan for the offseason," the 6-foot-1, 182-pounder said.
Cash, who began his football for the Wilson midgets of the Augusta County Quarterback Club, earned all-Southern Valley District, all-Region III and all-state honors this year as linebacker. He was the SVD's defensive player of the year.

"Weston has made a good decision," McDaniel said. "It fits him. It's a good opportunity for him and also a good opportunity for Shepherd University. They are getting a pretty good athlete.

"Weston is a very versatile athlete," the Wilson coach said. "I see him as a strong safety. The corner is a little harder. They call it the rover. He will have to defend tight ends.

Cash took his time to decide, with Christopher Newport, Glenville State and VMI some of his considerations. At Shepherd, he plans to enter the field of business management.

Looking back on a memorable moment in high school football, he points to Wilson's win over Stuarts Draft in his last home game.

"That just made me feel good," he said.
Jackets sting Rams in sweep

By Ben Gibson
FOR THE JOURNAL

SHEPHERDTOWN — The Shepherd Rams dropped both games of their doubleheader against the West Virginia State Yellow Jackets, but the 20-3 loss in the nightcap is a game that the Rams really want to forget.

Shepherd allowed 20 runs on 19 hits and committed a total of eight errors in a game where the Yellow Jackets scored in all but one inning.

"Both games, we kept our stride and kept our bats on the ball," Yellow Jackets coach Cal Bailey said. "Sometimes you get lucky, too. If you knew what to attribute it to, you would do it all the time."

While the Yellow Jackets will try to continue to find that winning formula, the Rams may be looking to start from scratch.

"Both games were a total night-and-day contrast," Shepherd coach Wayne Riser said. "The first was a well-played game between two good teams; the second was the complete opposite."

The Rams narrowly lost 3-2 in the first game, but Riser had few positive things to say about Shepherd's performance on Saturday.

"You see a lot of inconsistent play with a young team."

We don’t play well, and we play young — that’s a double dose of nightmare," he said.

However, Riser knows his team is a work in progress and expects to see improvement as the season continues.

"In the long term, we are just going to have to grow a little bit and see how it goes," Riser said.

The mistakes and inconsistent play Riser referred to showed its face early in the nightcap. West Virginia State opened up an early lead, thanks to a four-hit, two-run effort.

Designated hitter Robert Hawkins scored off center fielder Billy Smith’s single. Shortstop Andrew Pickering knocked in right fielder Bo Darby for a 2-0 Yellow Jacket lead.

The Rams answered with center fielder Nick Impellizzeri hitting into a fielder’s choice that allowed second baseman Jacob Cook to trot

Shepherd’s Aaron Scoville follows through on a hit during the first game of a doubleheader Saturday against West Virginia State University at Fairfax Field.
Rams

From Page C1

home and bring the score to 2-1.

At that point, the Rams might've been thinking about the one-run game to start the doubleheader.

The Yellow Jackets responded quickly in the top of the third with a two-run homer by first baseman Garret Kiser over the right-field fence to score Darby and himself to give State a 4-1 lead.

The Yellow Jackets added to their lead in the third inning with a double from catcher Jeremy Buchanan to score Pickering and extend their lead to 5-1.

The fourth inning didn't get any better for the Rams, as the Yellow Jackets added another run with Hawkins belting a shot to left-center, giving State a 6-1 lead.

The deficit for Shepherd grew deeper in the fourth inning when third baseman Joey Jobst took advantage of a bases-loaded situation to stretch the Yellow Jackets' lead.

He blasted a grand slam into left field to score Billy Smith, Kiser and Darby and give the Yellow Jackets a 10-1 lead at the end of the fourth.

"It was good, I was just looking for a pitch up in the zone on the first few pitches, but (pitcher Derek Buckley) didn't cooperate," Jobst said. "But then he left one up in the zone, and that was what I was looking for."

The fifth inning saw State send another ball over the fence, this time off the bat of Darby to score Billy Smith and Hawkins and extend the Yellow Jackets' lead to 13-1.

Shepherd allowed Pickering to score on an error, and a Billy Smith single drove in another run for State, giving the Yellow Jackets a 15-1 lead in the sixth inning.

Pinch hitter Evan Sabo singled to center to drive in David Myers and give the Yellow Jackets a 15-run lead. State dealt the last of its damage in the top of the sixth with pinch-hitter Eric Craft hitting the ball down the right-field line to score Noah Blackhurst and Billy Miller and give the Yellow Jackets an 18-1 lead.

"You need a veteran player to step up and make a play to stop that from snowballing," Riser said. "With a young team early in the year, we don't have that."

Shepherd finally was able to respond to the barrage of runs by State when first baseman Nathan Minnich drove the ball over the right-field fence for a two-run home run in the bottom of the sixth, also scoring shortstop Aaron Scoville to cut the Yellow Jackets' lead to 15.

State tacked on a pair of insurance runs off the bat of center fielder Thomas Brudner, giving the Yellow Jackets a 20-3 lead in the seventh inning.

Minnich had a home run and two RBI, while the Yellow Jackets were led by Jobst with two hits and four RBI. Darby knocked in three runs on two hits.

While Riser didn't have many positives from Saturday's games, he isn't hitting the panic button quite yet.

"I've got to work with our guys on some things. We are doing things the right way, so hopefully things will come around as we grow up this season," Riser said.

Riser hopes to see improvement as the season goes on, and he knows it won't be a smooth road ahead.

"We're young, and not too many 18-year-olds win college baseball games," Riser said. "We're having a lot of growing pains."
Shepherd's Megan Holmes bats against Mercyhurst Sunday in Shepherdstown.

Shepherd's Jake Cook looks down as he attempts to drop a bunt against West Virginia State during the sixth inning Sunday in Shepherdstown.