

## FALL 2016 PRACTICE TIMES

The Shepherd University's Athletic Department is committed to the academic success of our STUDENT-athletes.

\* please pay attention to AM and PM practice times

<b>MEN'S TEAMS</b>	<b>M</b>	<b>T</b>	<b>W</b>	<b>R</b>	<b>F</b>
BASEBALL	2:00 - 5:00 PM	2:00 - 5:00 PM	2:00 - 5:00 PM	2:00 - 5:00 PM	2:00 - 5:00 PM
BASKETBALL	2:00 - 6:00 PM	3:00 - 7:00 PM	2:00 - 6:00 PM	3:00 - 7:00 PM	2:00 - 6:00 PM
<i>* all night classes should be approved through Coach Namolik</i>					
FOOTBALL	OFF	3:15 - 5:30 PM	3:15 - 5:30 PM	3:30 - 4:30 PM	3:15 - 4:45 PM
GOLF	2:00 - 6:00 PM	2:00 - 6:00 PM	2:00 - 6:00 PM	2:00 - 6:00 PM	2:00 - 6:00 PM
SOCCER	6:30 - 8:30 AM	6:30 - 8:30 AM	6:30 - 8:30 AM	6:30 - 8:30 AM	6:30 - 8:30 AM
	4:00 - 6:00 PM	4:00 - 6:00 PM	4:00 - 6:00 PM	4:00 - 6:00 PM	4:00 - 6:00 PM
TENNIS	4:30 - 7:00 PM	4:30 - 7:00 PM	4:30 - 7:00 PM	4:30 - 7:00 PM	4:30 - 7:00 PM
<b>WOMEN'S TEAMS</b>	<b>M</b>	<b>T</b>	<b>W</b>	<b>R</b>	<b>F</b>
BASKETBALL	3:30 - 7:30 PM	3:30 - 7:30 PM	3:30 - 7:30 PM	3:30 - 7:30 PM	3:30 - 7:30 PM
LACROSSE	3:00 - 6:00 PM	3:00 - 6:00 PM	3:00 - 6:00 PM	3:00 - 6:00 PM	3:00 - 6:00 PM
SOCCER	6:30 - 8:30 AM	6:30 - 8:30 AM	6:30 - 8:30 AM	6:30 - 8:30 AM	6:30 - 8:30 AM
	4:00 - 6:00 PM	4:00 - 6:00 PM	4:00 - 6:00 PM	4:00 - 6:00 PM	4:00 - 6:00 PM
SOFTBALL	3:00 - 6:00 PM	3:00 - 6:00 PM	3:00 - 6:00 PM	3:00 - 6:00 PM	3:00 - 6:00 PM
TENNIS	4:30 - 7:00 PM	4:30 - 7:00 PM	4:30 - 7:00 PM	4:30 - 7:00 PM	4:30 - 7:00 PM
VOLLEYBALL	6:00 - 9:00 PM	6:00 - 9:00 PM	6:00 - 9:00 PM	6:00 - 9:00 PM	6:00 - 9:00 PM

*Spring semester practice schedules may be different. This information will be delivered to the advisors before spring advisement.*

*These times are subject to change before the beginning of the semester.*

For questions, please call Melanie Ford at 304-876-5404. Thank you!