

# Shepherd UNIVERSITY

## Drug and Alcohol Prevention Program

July 28, 2015

The provisions herein comply with the Federal Regulations regarding the Workplace Act of 1988 and the “Drug-Free Schools and Communities Act and Drug and Alcohol Prevention Regulations”

Shepherd University continues to update and revise its Drug and Alcohol Prevention Policy for the entire campus community. This document contains copies of the current policies that are in place and distributed to faculty, staff, student employees, and students when they come to Shepherd and thereafter on an annual basis. We are in the process of making changes to our drug and alcohol policies and when finalized, they will become an addendum to this document. We have included information on campus programming and individual departmental policies regarding drug/alcohol expectations and the sanctions that result.

All employees are provided with the Drug-Free Workplace/Drug-Free Schools Policy brochure when they sign their I-9 affidavit at hire. The policy is then followed up in the employee handbooks in each division. An annual distribution policy ensures that each employee is reminded of the campus policy on alcohol and other drugs.

Students are told at both Registration and Orientation that they are responsible for reading the Student Handbook and knowing the Student Code of Conduct and the Alcohol and Drug Policies. This is now on-line at the Shepherd University website. The Residence Life Handbook is included within the Student Handbook and explains the additional Residence Hall Policies. Students who opt to stay on campus over breaks and during the summer are subject to additional and more stringent AOD policy restrictions which are included in the contract they must sign for those periods. The recent change to an on-line handbook has affected the way we distribute this information to students on an annual basis and will be addressed in the Review.

Programming on campus sends a strong message for responsible and legal alcohol use only and zero tolerance for illegal drug use, including prescription drugs. Campus speakers, Residence Hall Presentations, frequent workshops, Collegiate Alcohol Awareness Week and Alcohol Screening Day activities are prime examples. "Late Night" programming occurs in the Student Center two Friday nights per month to promote alcohol free options for student entertainment. Additional activities such as movies, concerts, and plays are offered on week nights and weekends throughout the semesters.

Greek Life and other student organizations are governed by additional campus policies with specific rules regarding social events, both with and without alcohol. Annual workshops regarding risk management are required for the organizations and the annual Leadership Conference for students typically includes information on these topics.

Athletic Program participants are subject to the campus policies, NCAA policies, and department policies. They are also subject to specific sanctions regarding their participation in team games/matches based on the seriousness of the alcohol offense. A random drug testing policy includes all athletes during the full year of their eligibility and any positive results become a student conduct, as well as athletic, matter.

Portions of state, federal, and local law are included in this document with the new WV law regarding synthetically produced drugs. Health risks related to alcohol and other drugs are summarized in charts to easily present this data.

Shepherd continues to participate in ACHA/NCHA survey. We just received data from the 2012 survey and that information is being distributed to our campus community. Much of that information has been used by the Biennial Review Committee to promote additional prevention strategies. Shepherd also continues to participate in the state wide coalition (WVCIA) in an effort to stay current with trends in usage and treatment options.

### **Human Resources**

The Federal Government requires that institutions annually distribute to employees a copy of the institution's Drug-Free Workplace/Drug-Free Schools Policy. A copy of Shepherd University's policy is included in this email message and can also be accessed at <http://www.shepherd.edu/hrweb/drug%20policy.htm>.

### **Shepherd University Drug-Free Workplace/Drug-Free Schools Policy**

The purpose of this policy is to comply with the Drug-Free Workplace Act of 1988 Pub. L 100-690, Title V, Subtitle D), as amended, and the Safe and Drug Free Schools and Communities Act of 1989. Questions about this Policy should be directed to the Director of Human Resources.

#### *STANDARDS OF CONDUCT*

All Shepherd University employees, including faculty, classified and non-classified staff, and student employees, and students enrolled in any course, are covered by this policy.

- a. The unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance is prohibited at the workplace or on the property of Shepherd University or any premises leased or controlled by the University.
- b. Reporting for work, attendance by a student at any class, or attendance by either a student or employee at any activity of the University under the influence of any controlled substance is prohibited.
- c. Violation of any of the prohibitions may result in immediate dismissal.
- d. The University conducts an awareness program, under the supervision of the Human Resources Director. The program will inform employees about:
  - 1) the dangers of drug abuse in the workplace,
  - 2) Shepherd University's policy regarding a drug-free workplace,
  - 3) consequences of violation of the policy, and
  - 4) the Faculty and Staff Assistance Program.
- e. Each current employee will receive a copy of the policy annually. Each new employee will receive, and certify receipt of, a copy of the policy as part of employment processing.

The certification shows that the employee:

- 1) has received a copy of the policy,
- 2) agrees to abide by the terms of the policy, and

- 3) understands that under federal law and as a condition of employment, if the employee is convicted for violation in the workplace of any criminal drug statute, he/she must report said conviction to his/her supervisor and the Director of Human Resources no later than five (5) days after such conviction.
- f. Each student will receive a copy of the policy annually.

*A copy of Federal, State, and local laws are printed on this brochure.*

A complete description of all controlled substances under federal and state law and all laws regulating controlled substances and alcohol may be obtained from the Director of Public Safety or the Dean of Students.

### **REFERRAL AND TREATMENT**

To ensure the most effective implementation of this program, the following concepts are supported:

- \* Alcohol or other drug dependence is a disease that can be successfully treated.
- \* Specific steps will be taken for referral of persons at risk for alcohol and other drug problems appropriate resources for assessment and treatment:
  - University Employee Assistance Programs
  - Student Assistance Program at the Health Counseling and Consultation Services
  - Community drug/alcohol treatment centers
- \* Faculty, staff and students should be apprised that treatment is not a refuge from disciplinary action and that dependency problems that do not respond to treatment may ultimately result in appropriate disciplinary action. Disciplinary actions may be held in abeyance pending the conclusion of a treatment program and be mitigated by the results of such a program.

Deferred sanctions may be applied if the individual is uncooperative or fails to make improvements.

### **PERSONAL RISKS**

Misuse of alcohol and other drugs can result in, or make worse, a number of personal, relationship, physical or legal problems. Even low doses significantly impair judgment and coordination, making driving dangerous. The use of mood altering chemicals increases the incidence of aggressive acts and may cause marked impairment in higher mental functions, severely altering the ability to learn and remember information. Alcohol-related traffic accidents are the number one killer of young people in America. High doses of depressants frequently cause respiratory depression and death. Additionally, the long-term use of alcohol or other drugs may set up habitual patterns that can lead to psychological and physical addiction.

### **DISCIPLINARY SANCTIONS**

Shepherd University will impose disciplinary sanctions on students and employees who violate the above standard of conduct. Among the disciplinary sanctions which may be imposed on students are the following: reprimand, probation, suspension, expulsion and referral for prosecution. Among the disciplinary sanctions which may be imposed on employees are: oral

warning, written reprimand, suspension, termination and referral for prosecution. The University may require completion of an appropriate rehabilitation program as a disciplinary sanction.

### **Students**

Policies regarding student behavior are listed in the Student Handbook. The following sections address alcohol and other drugs in the Code of Conduct, Residence Life

#### **Student Alcohol Policy:**

- Possession, use, manufacture, purchase, or distribution of alcoholic beverages by or to any person under 21 years of age.
- Appearing intoxicated or having an open container of alcohol in a public area.
- Possession or consumption of alcoholic beverages by any person at least 21 years of age when underage people are present.
- Being present in an area in which alcohol is present, but not permitted.
- Possession of common source containers of alcohol, such as kegs and punch bowls.
- Involvement in activities or possession of items used predominantly for and which encourage excessive consumption of alcohol, such as beer pong tables and beer bongs/funnels.

NOTE: Signs or symptoms that might reasonably indicate use of or intoxication by alcohol, or the presence of alcohol beverage containers, may be construed as proximate indicators of alcohol possession or consumption.

#### **Student Drug Policy:**

- The unlawful possession, purchase, use, or distribution of controlled substances, and/or illegal drugs in any amount. Being in possession of another person's prescribed medicine.
- Purchase, possession, use, abuse or distribution of any synthetic or natural chemical or material that may cause intoxication and/or require emergency intervention, including, but not limited to: bath salts, huffing, salvia, and synthetic versions of drugs.
- Possession of medical syringes without a legitimate prescription.
- Possession of paraphernalia typically associated with the possession, use or distribution of controlled substances, and/or illegal drugs.

#### **Drug Violations - Special Note About Enforcement:**

Shepherd University does not tolerate illegal drug possession, use and/or distribution on- or off-campus. Symptoms which might reasonably indicate use of or intoxication by an illicit substance, or the presence of drug-related paraphernalia, may be construed as proximate indicators of illegal drug use or possession and therefore may be used as the basis for pursuing disciplinary action. Specifically, any student who is responsible for a violation of may be separated from Shepherd University with no refund of tuition, and if applicable, room and board fees. Violators generally will receive the following sanctions:

- **First Offense** - not less than a Deferred Disciplinary Suspension from Shepherd University for the remainder of the current semester of enrollment to include the

following semester of enrollment (with the possibility of a suspension/expulsion depending on type/amount of prohibited substance); \$200 conduct restitution charge; 25 community restitution hours; and mandatory enrollment in the six-week Alcohol and Other Drug Class. If the conduct restitution charge is not paid within a reasonable period after the case adjudication, the Student Conduct suspension may be implemented.

- **Second Offense** - not less than a full Student Conduct Suspension for the remainder of the current semester of enrollment to include the following semester of enrollment, (with the possibility of expulsion depending on type/amount of prohibited substance). Re-enrollment may be possible after the period of separation. However, upon return there is a \$400 conduct restitution charge; 40 community restitution hours; mandatory enrollment in the six-week Alcohol and Other Drug Class; and submission of an educational program or project related to drug abuse. The conduct restitution charge must be paid prior to returning to student status.
- **Third Offense** - student may face total separation from Shepherd University, expulsion.

NOTE: All student drug and alcohol policies, including the conduct process are contained in the Student Handbook, which can be found at [www.shepherd.edu](http://www.shepherd.edu).

### **Residence Life**

Residence Life follows the alcohol or drug policies of the University policy. However, this will clarify the way we interpret the policy.

- Possession includes knowingly being present in a room where alcohol is stored and/or being consumed. Even if a student is underage and NOT drinking, if they are found in a room where others are drinking or are storing alcohol illegally and they chose to stay in that room or not report it, they can be cited for possession.
- The University policy also mentions “proximate indicators”. For us this includes alcohol paraphernalia such as trophy bottles, shot glasses, etc. for alcohol as well as pipes, hollowed cigars and various homemade bong type devices for drugs.

The only anomaly Residence Life actually does have is during early arrival/extended stay periods. It is under the code of conduct as 1612. Alcohol is not permitted at all in the Residence Halls during this time. We define this for the students as:

Any stay after summer school has completed and before we officially open for fall in all buildings.

Thanksgiving Break in all buildings except the apartments.

Winter break in all buildings except the apartments.

Spring Break in all buildings except the apartments.

Any stay after the spring semester ends and before we officially open for summer session in all buildings.

## **Graduate Catalog**

With our growing graduate school a separate section of the Student Handbook is written for our graduate students. It refers students to the Code of Student Conduct but it was determined that a more direct statement regarding alcohol and other drugs be included:

### **Illegal Drugs:**

Shepherd University holds a strict ZERO- TOLERANCE POLICY for illegal drug use and possession. See the Student Handbook/Code of Conduct for more information.

### **Alcohol:**

Shepherd University supports students and employees in demonstrating responsible conduct in the best interest of their personal health and well-being, the community's general welfare, and the rights of others. In addition to State and Federal laws concerning use and possession of alcohol, students are required to abide by Shepherd University's policies regarding alcohol which are outlined in the Student Handbook/Code of Conduct. All students are expected to be aware of and abide by these laws and policies. Individuals are responsible for her/his behavior and must understand that being under the influence of alcohol in no way lessens accountability. At no time should alcohol become the primary focus of an event.

## **Student Clubs and Organizations**

All student groups are expected to be familiar with and conduct themselves in accordance with the "Student Code of Conduct" and the "Code of Conduct for Organizations, Clubs, or Groups" as outlined in the *Student Handbook* as well as in the *Handbook for Clubs and Organizations*. Policies pertaining to alcohol are below:

### **E. Alcoholic Beverages at events and parties:**

1. Alcoholic beverages are not permitted at open parties or events sponsored, co-sponsored, or hosted by a student group. Open Parties are events that both members of the sponsoring organization, club, or group and non-members are permitted to attend. These events generally have blanket invitations through posters, flyers, social media or word-of-mouth.

2 Alcoholic beverages may be consumed at Closed Parties when all of the conditions outlined below have been met. A Closed Party is an event where ONLY members of the group and their invited guests are allowed to attend. Closed parties may not be advertised and are open to people by personal invitation only. In order to hold a closed party, groups must register the event with the Student Affairs Office at least five business days in advance using the Party Registration form and party hosts must attend an education session about party hosting sponsored by the Division of Student Affairs.

a. Service of alcohol to those under the legal drinking age is prohibited.

- b. Alcohol may only be served on a cash bar basis by a professional bartender or caterer, who is not an active member of the sponsoring organization and who is fully covered by liability insurance. (No open bar service or BYOB is permitted.)
- c. Reasonable precautions must be taken by the organization to prevent the excessive consumption of alcoholic beverages and to prevent the service of alcohol to underage persons.
- d. Members and/or guests who arrive at an event in an intoxicated state shall not be admitted.
- e. The sponsoring organization shall designate non-drinking members who will attend the event to insure that responsible behavior is maintained by members and guests.
- f. Food and nonalcoholic beverages must be provided at the event.
- g. The service of alcoholic beverages must be cut off at a specific time, which shall be established and clearly published before the event.
- h. No drinking games are permitted where alcoholic consumption is a component of the activity.
- i. No kegs, party balls, or alcoholic punch are permitted.
- j. The sponsoring organization is responsible for registering all guests at the door and checking the guest list to insure that the individuals were invited and registered.

In addition five of our Greek organizations are members of the Fraternal Information and Programming Group (FIPG) and agree to their Risk Management Documents. The two other chapters are Sigma Sigma Sigma and Theta Xi, but their national risk management policies mirror those of the FIPG. Those documents are available through the Greek Life Office.

The Code of Conduct for Social Fraternities and Sororities also includes this mandate:

J. Each colony or chapter is required to sponsor a risk management program each semester (addressing such topics as sexual assault or other forms of violence, alcohol or other drug abuse, eating disorders, cultural sensitivity, etc.), conducted by a qualified and trained professional approved prior to the program's implementation by the Greek Advisor, at which at least 90 percent of their active and associate members must be in attendance, and for which documentation of completion must be submitted to the Greek Advisor in accordance with all established deadlines.



## SHEPHERD UNIVERSITY DEPARTMENT OF ATHLETICS

### Drug Abuse Prevention and Screening Policy

#### I. PURPOSE

Shepherd University recognizes the danger that drug abuse presents to the well-being of student athletes and to the integrity of intercollegiate athletics. A number of factors contribute to define student athletes as a high-risk population regarding the use of drugs. These factors include pressures to excel, high visibility in the campus community, and recognition of their roles as institutional representatives. To prevent the use of illicit substances and the abuse of alcohol by members of the varsity athletic teams, the University Athletic Program has developed a mandatory drug testing policy. This policy has been designed to complement the drug screening program administered by the NCAA and will be explained to all athletes.

#### II. REQUIREMENTS

All students will be advised of this policy and required to sign a Drug-Testing Consent Form. Random drug testing will occur at unannounced times throughout the academic year and every athlete is eligible for each test. **A refusal to provide a urine sample will be considered equivalent to a positive result** and subsequent action will be taken promptly by the Athletic Director regarding your involvement in the athletic program. Failure to provide the urine sample will not affect your academic status at Shepherd University nor your participation in non-athletic endeavors.

#### III. SCREENING

Drug screening will consist of a standardized urinalysis by an accredited and licensed toxicology laboratory. Specimens will be collected with direct visual observation by athletic staff or their designee and handled by the student-athlete only until proper securing has been completed, according to approved *chain of custody* guidelines. Testing will be done on a random basis and results will be provided to the Director of Athletics.

The random selection process will occur in two steps.

First, a minimum of one (1) athlete from each team will be randomly selected for testing.

Second, the remaining names will be pooled for additional random selection to complete the number of tests for the round.

#### IV. RESULTS

All test results will be reported to the Director of Athletics.

Should a test be reported as positive for illegal drugs, meaning that a banned drug is found in the urine specimen, the Director of Athletics will:

- Take action according to Shepherd University Drug and Alcohol Policies. (Reference: Shepherd University Student Handbook, 2007-2008 Code of Conduct).
- Declare the athlete ineligible for practice or competition for one calendar year. The athlete's participation status in Shepherd University Athletics will be determined by the Director of Athletics between the date the positive drug test notification is received and the conclusion of the Shepherd University judicial process.
- Following the one calendar year penalty, the athlete may present a written appeal to the Director of Athletics for reinstatement into the Shepherd University Athletic Program. The negative or positive reinstatement decision is made by the Director of Athletics.

Should a test be reported as dilute or the specimen sample inadequate for analysis, the athlete will be subject to additional testing (limited to 2 negative test results) up to and including the next testing date. Additional tests will be unannounced and urine specimens will be accepted immediately and according to policy.

Should a test be reported as positive for alcohol, meaning that a level of alcohol of .08 or higher is found in the urine, the Director of Athletics will follow this policy:

Any student-athlete who is found guilty of an alcohol-related offense, on or off campus, will be subject to the Shepherd University Alcohol Policy \* and will be treated as follows by the Department of Athletics:

1. **First Incident** – one game suspension. (Students who are first or second time violators of the Alcohol Policy will be required to attend an alcohol education session (s) conducted by a Student Affairs staff member.)
2. **Second Incident** – one season suspension.
3. **Third Incident** – permanent suspension from ALL athletic teams. (Students who repeatedly violate the Alcohol Policy or whose behavior could have serious consequences may be required, at their own expense, to attend an alcohol education program conducted by an outside counselor or agency).

\* Reference: Shepherd University Student Handbook - Student Code of Conduct (Alcohol Policy).

Exception: Any student formally charged and convicted of DWI (Driving While Intoxicated) will automatically be handled as a second incident. Drunk driving accounts for too high of loss of both student and innocent people to be considered less stringent.

## V. PROHIBITED DRUGS

The use of anabolic steroids, cocaine, marijuana, amphetamines, and any other controlled substances as prescribed by federal or state law or banned by the NCAA are expressly prohibited (see listing, attached). Such use is prohibited whether it occurs before, during, or after a team's season. The only exceptions are for medications prescribed by a licensed physician and registered with the Head Athletic Trainer. Student athletes should review with the athletic trainers any supplements they may be taking from a nutrition center.

## VI. NCAA DRUG TESTING

The NCAA also may test athletes on a random basis during either the academic year or summer. Athletes not on campus during the summer may be required to travel to the campus for NCAA drug tests with 24 hours notice. Failure to be tested may result in loss of NCAA eligibility.

### **Shepherd University Athletic Department Athletic Suspension Reinstatement Procedures**

If a Shepherd University student-athlete has been suspended from the athletic program due to a positive drug test, he or she may apply for reinstatement to the athletic program following a 12 month suspension. The student will follow this procedure:

1. The student will meet with the Athletic Director to express his or her desire to apply for reinstatement to the athletic program.
2. The athletic director will determine the amount of eligibility the student has remaining (playing seasons) if reinstated and that the student meets NCAA and Shepherd University academic eligibility requirements. The student will be notified of this information.
3. The student will write a formal letter requesting reinstatement that will be presented to an Athletic Reinstatement Committee for review and for a decision. Other letters of support of the student's reinstatement may be considered by the Committee.
4. The student will ask the Assistant Dean of Students/Judicial Manager to write a letter stating that he or she has completed successfully any Shepherd University probation or suspension requirements under the Student Life Policies of Shepherd University.
5. The Athletic Reinstatement Committee will consist of the Athletic Director, as chair, two members of the Athletic Management Committee and two coaches from different sports one of whom will be a coach from the student's sport.

6. If the Athletic Reinstatement Committee decides to allow the student to be reinstated, the student will have to submit to a drug test at his or her own expense that will be conducted by the athletic director. The test sample will be sent to the laboratory that the Athletic Department uses for all other drug tests.
7. If the drug test is negative, the student will be reinstated with the understanding that he or she will have to participate in every Shepherd athletic drug test (3 per year) until the completion of playing eligibility.
8. A second positive drug test will result in the student's permanent suspension from the Shepherd Athletic program.

### Campus Safety

Shepherd University has a fully accredited Police Department to promote safety, minimize risk, and enforce laws and codes of conduct. The following are the current laws with highlighted areas denoting changes since last review.

#### *APPLICABLE FEDERAL, STATE, AND LOCAL LAWS AND SANCTIONS*

Federal law prohibits the trafficking and illegal possessions of controlled substances as outlined in Title 21 United States Code, Sections 811 and 844. Depending on amount, first offense maximum penalties for trafficking marijuana range from the five years imprisonment and a fine of \$250,000 to imprisonment for life and a fine of \$4 million. Again, depending on the amount, first offense maximum penalties for trafficking class I and II controlled substances (methamphetamine, hero cocaine, cocaine base, PCP, LSD, fentanyl analogue, cannabinoids) range from five years to life imprisonment and maximum fines range from \$2-\$4 million. First offense penalties and sanctions for the illegal possession of a controlled substance range from up to one year in prison and a fine of at least \$1,000 but not more than \$250,000 or both.

#### *STATE LAW*

##### **State Drug Laws:**

Pursuant to Chapter 60A of the Code of West Virginia, West Virginia has adopted the Uniform Controlled Substances Act, W.Va. Code 60A-4-401:

- a. Restricts manufacture, delivery, or possession with intent to manufacture or deliver of a controlled substance. Maximum penalties range, depending on class of substance, from one to fifteen years imprisonment and fines of \$5,000-\$25,000.
- b. Restricts creation, delivery, or possession with intent to deliver, of a counterfeit substance. Maximum penalties range, depending on class of substance, from one to fifteen years imprisonment and fines of \$5,000-\$25,000.
- c. Restricts possession of a controlled substance unless the substance was obtained directly from, or pursuant to, a valid prescription or order of a doctor. Maximum penalties six months imprisonment and fines of \$1,000.

- d. Restricts creation, distribution, or delivery, or possession with intent to distribute or deliver an imitation controlled substance. Maximum penalties three years imprisonment and fines of \$10,000.

WV Code §60A-2-204 – Defines Schedule I drugs and other substances including, but not restricted to opiates, opium derivatives, hallucinogenic substances and other synthetic cannabinoids, depressants, stimulants, and substances subject to emergency scheduling. Since nomenclature of certain drugs, particularly hallucinogenic substances and other synthetic cannabinoids, is not internationally standardized, any immediate precursor or immediate derivative of these substances shall be covered.

WV Code §60A-2-206-Defines Schedule II drugs and other substances.

WV Code §60A-4-403a

- a. Restricts conducting, financing, supervising, or owning an illegal drug paraphernalia business. “Drug device” means an object usable for smoking marijuana, for smoking controlled substances defined as tetrahydrocannabinols, or for ingesting or inhaling cocaine, and includes, but is not limited to:
  - i. Metal, wooden, acrylic, glass, stone, plastic or ceramic pipes with or without screens, permanent screens, hashish heads, or punctured metal bowls;
  - ii. Water pipes;
  - iii. Carburetion tubes and devices;
  - iv. Smoking and carburetion masks;
  - v. Roach clips, meaning objects used to hold burning material, such as a marijuana cigarette, that has become too small or too short to be held in the hand;
  - vi. Chamber pipes;
  - vii. Carburetor pipes;
  - viii. Electric pipes;
  - ix. Air-driven pipes;
  - x. Chillums;
  - xi. Bongs;
  - xii. Ice pipes or chillers; and

## **HEALTH RISKS**

### **Effects of Alcohol on the Body**

Alcohol consumption causes a number of marked changes in behavior. Even low doses significantly impair the judgment and coordination required to drive a car safely, increasing the likelihood that the driver will be involved in an accident. Low to moderate doses of alcohol also increase the incidence of a variety of aggressive acts, including spouse and child abuse. Moderate to high doses of alcohol cause marked impairments in higher mental functions, severely altering a person’s ability to learn and remember information. Very high doses cause

respiratory depression and death. If combined with other depressants of the central nervous system, much lower doses of alcohol will produce the effects just described.

Repeated use of alcohol can lead to dependence. Sudden cessation of alcohol intake is likely to produce withdrawal symptoms, including severe anxiety, tremors, hallucinations, and convulsions. Alcohol withdrawal can be life threatening. Long-term consumption of large quantities of alcohol, particularly when combined with poor nutrition, can also lead to permanent damage to vital organs, such as the brain and liver.

Mothers who drink alcohol during pregnancy may give birth to infants with fetal alcohol syndrome. These infants have irreversible physical abnormalities, and mental retardation. In addition, research indicates that children of an alcoholic parent are at greater risk than other children of becoming alcoholics.

### Drugs of Abuse

Substance: Category and Name	Examples of <i>Commercial</i> and Street Names	<u>DEA Schedule*/ How Administered**</u>	<i>Intoxication Effects/Potential Health Consequences</i>
<b><i>Cannabinoids</i></b>			
hashish	boom, chronic, gangster, hash, hash oil, hemp	I/swallowed, smoked	<i>euphoria, slowed thinking and reaction time, confusion, impaired balance and coordination/cough, frequent respiratory infections; impaired memory and learning; increased heart rate, anxiety; panic attacks; tolerance, addiction</i>
marijuana	blunt, dope, ganja, grass, herb, joints, Mary Jane, pot, reefer, sinsemilla, skunk, weed	I/swallowed, smoked	
salvia	salvia	Not scheduled/swallowed, Smoked, inhaled	
Synthetic marijuana	Spice, K2, Yucatan fire, skunk, moon rocks	I-most chemicals in spice/ smoked	Can produce psychotic effects including hallucinations and paranoia
<b><i>Depressants</i></b>			
barbiturates	<i>Amytal, Nembutal, Seconal, Phenobarbital;</i> barbs, reds, red birds, phennies, tooies, yellows,	II, III, V/injected, swallowed	<i>reduced pain and anxiety; feeling of well-being; lowered inhibitions; slowed pulse and breathing; lowered blood pressure;</i>

	yellow jackets		<i>poor concentration/confusion, fatigue; impaired coordination, memory, judgment; respiratory depression and arrest, addiction</i>
benzodiazepines (other than flunitrazepam)	<i>Ativan, Halcion, Librium, Valium, Xanax; candy, downers, sleeping pills, tranks</i>	IV/swallowed	
<u>flunitrazepam</u> * **	<i>Rohypnol; forget-me pill, Mexican Valium, R2, Roche, roofies, roofinol, rope, rophies</i>	IV/swallowed, snorted	<i>Also, for barbiturates—sedation, drowsiness/depression, unusual excitement, fever, irritability, poor judgment, slurred speech, dizziness</i>
<u>GHB</u> ***	<i>gamma-hydroxybutyrate; G, Georgia home boy, grievous bodily harm, liquid ecstasy</i>	I/swallowed	
methaqualone	<i>Quaalude, Sopor, Parest; ludes, mandrex, quad, quay</i>	I/injected, swallowed	<i>for benzodiazepines—sedation, drowsiness/dizziness</i>  <i>for flunitrazepam—visual and gastrointestinal disturbances, urinary retention, memory loss for the time under the drug's effects</i>  <i>for GHB—drowsiness, nausea/vomiting, headache, loss of consciousness, loss of reflexes, seizures, coma, death</i>  <i>for methaqualone—euphoria/depression, poor reflexes, slurred speech, coma</i>
<b><i>Dissociative Anesthetics</i></b>			<i>increased heart rate and</i>

ketamine	<i>Ketalar SV</i> ; cat Valiums, K, Special K, vitamin K	III/injected, snorted, smoked	<i>blood pressure, impaired motor function/memory loss; numbness; nausea/vomiting</i>  <i>Also, for ketamine—at high doses, delirium, depression, respiratory depression and arrest</i>
PCP and analogs	<i>phencyclidine</i> ; angel dust, boat, hog, love boat, peace pill	I, II/injected, swallowed, smoked	<i>for PCP and analogs—possible decrease in blood pressure and heart rate, panic, aggression, violence/loss of appetite, depression</i>
<b>Hallucinogens</b>			<i>altered states of perception and feeling; nausea/chronic mental disorders, persisting perception disorder (flashbacks)</i>
LSD	<i>lysergic acid diethylamide</i> ; acid, blotter, boomers, cubes, microdot, yellow sunshines	I/swallowed, absorbed through mouth tissues	<i>Also, for LSD and mescaline—increased body temperature, heart rate, blood pressure; loss of appetite, sleeplessness, numbness, weakness, tremors</i>
mescaline	buttons, cactus, mesc, peyote	I/swallowed, smoked	<i>for psilocybin—nervousness, paranoia</i>
psilocybin	magic mushroom, purple passion, shrooms	I/swallowed	
<b>Opioids and Morphine Derivatives</b>			<i>pain relief, euphoria, drowsiness/respiratory depression and arrest, nausea, confusion, constipation, sedation, unconsciousness, coma, tolerance, addiction</i>
codeine	<i>Empirin with Codeine, Fiorinal with Codeine, Robitussin A-C, Tylenol with Codeine</i> ; Captain Cody, Cody, schoolboy; (with glutethimide) doors & fours, loads, pancakes and syrup	II, III, IV/injected, swallowed	<i>Also, for codeine—less analgesia, sedation, and respiratory depression than morphine</i>
fentanyl	<i>Actiq, Duragesic, Sublimaze</i> ; Apache,	II/injected, smoked, snorted	



	China girl, China white, dance fever, friend, goodfella, jackpot, murder 8, TNT, Tango and Cash		<i>for heroin—staggering gait</i>
heroin	<i>diacetylmorphine</i> ; brown sugar, dope, H, horse, junk, skag, skunk, smack, white horse	I/injected, smoked, snorted	
morphine	<i>Roxanol, Duramorph</i> ; M, Miss Emma, monkey, white stuff	II, III/injected, swallowed, smoked	
opium	<i>laudanum, paregoric</i> ; big O, black stuff, block, gum, hop	II, III, V/swallowed, smoked	
<b><i>Stimulants</i></b>			
amphetamine	<i>Adderall, Biphphetamine, Dexedrine</i> ; bennies, black beauties, crosses, hearts, LA turnaround, speed, truck drivers, uppers	II/injected, swallowed, smoked, snorted	<i>increased heart rate, blood pressure, metabolism; feelings of exhilaration, energy, increased mental alertness/rapid or irregular heart beat; reduced appetite, weight loss, heart failure</i>
cocaine	<i>Cocaine hydrochloride</i> ; blow, bump, C, candy, Charlie, coke, crack, flake, rock, snow, toot	II/injected, smoked, snorted	<i>Also, for amphetamine—rapid breathing; hallucinations/ tremor, loss of coordination; irritability, anxiousness, restlessness, delirium, panic, paranoia, impulsive behavior, aggressiveness, tolerance, addiction</i>
MDMA (methylenedioxy-methamphetamine)	<i>DOB, DOM, MDA</i> ; Adam, clarity, ecstasy, Eve, lover's speed, peace, STP, X, XTC	I/swallowed	
methamphetamine	<i>Desoxyn</i> ; chalk, crank, crystal, fire, glass, go fast, ice, meth, speed	II/injected, swallowed, smoked, snorted	<i>for cocaine—increased temperature/chest pain, respiratory failure, nausea, abdominal pain, strokes, seizures, headaches, malnutrition</i>
methylphenidate	<i>Ritalin</i> ; JIF, MPH, R-ball, Skippy, the smart drug, vitamin R	II/injected, swallowed, snorted	

nicotine	bidis, chew, cigars, cigarettes, smokeless tobacco, snuff, spit tobacco	not scheduled/smoked, snorted, taken in snuff and spit tobacco	<p><i>for MDMA—mild hallucinogenic effects, increased tactile sensitivity, empathic feelings, hyperthermia/</i>impaired memory and learning</p> <p><i>for methamphetamine—aggression, violence, psychotic behavior/</i>memory loss, cardiac and neurological damage; impaired memory and learning, tolerance, addiction</p> <p><i>for methylphenidate—</i>increase or decrease in blood pressure, psychotic episodes/digestive problems, loss of appetite, weight loss</p> <p><i>for nicotine—tolerance, addiction;</i>additional effects attributable to tobacco exposure - adverse pregnancy outcomes, chronic lung disease, cardiovascular disease, stroke, cancer</p>
MPDV/mephedrone And pyrovalerone	<i>Bath salts</i> , Ivory wave, Purple wave, Blue silk, Zoom, Bloom	I/ swallowed, inhaled, injected	<i>Euphoria, increased socialization, increased sex drive, paranoia;</i> increase heart rate, dehydration break down of skeletal muscle, kidney failure
<b><i>Other Compounds</i></b>			
anabolic steroids	<i>Anadrol, Oxandrin, Durabolin, Depo-Testosterone, Equipoise;</i> roids, juice	III/injected, swallowed, applied to skin	<i>no intoxication effects/</i> hypertension, blood clotting and cholesterol changes, liver cysts and cancer, kidney cancer,

			hostility and aggression, acne; adolescents, premature stoppage of growth; in males, prostate cancer, reduced sperm production, shrunken testicles, breast enlargement; in females, menstrual irregularities, development of beard and other masculine characteristics
inhalants	<i>Solvents (paint thinners, gasoline, glues), gases (butane, propane, aerosol propellants, nitrous oxide), nitrites (isoamyl, isobutyl, cyclohexyl); laughing gas, poppers, snappers, whippets</i>	not scheduled/inhaled through nose or mouth	<i>stimulation, loss of inhibition; headache; nausea or vomiting; slurred speech, loss of motor coordination; wheezing/unconsciousness, cramps, weight loss, muscle weakness, depression, memory impairment, damage to cardiovascular and nervous systems, sudden death</i>

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\*Schedule I and II drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule I drugs are available for research only and have no approved medical use; Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering. Schedule III and IV drugs are available by prescription, may have five refills in 6 months, and may be ordered orally. Most Schedule V drugs are available over the counter.

\*\*Taking drugs by injection can increase the risk of infection through needle contamination with staphylococci, HIV, hepatitis, and other organisms.

\*\*\*Associated with sexual assaults.