FAS/FAE
(FDS/FDE)

Facts Critical for College Students:

Fetal Alcohol Syndrome is recognized as the leading cause for mental retardation and is 100% preventable.

The greatest effect on a fetus is from high BAC’s at peak times of fetal growth and development. Often the most damage happens between the 4th and 8th weeks of pregnancy – typically before a woman is aware that she is pregnant.

If a woman is engaging in any behavior that could result in pregnancy, high alcohol consumption during that time between conception and realization of pregnancy could result in a child with fetal alcohol syndrome or fetal alcohol effect. Although continued alcohol use will produce more problems in the fetus, remaining abstinent after the initial damage is done will not correct it.

Fetal Alcohol Effect is less severe than FAS but the resulting brain dysfunctions, i.e. ADD, cognitive abilities, memory problems, etc. will impact a child for life. AND, as the parent, you will be the one having to deal with it.

Fetal Drug Syndrome and Fetal Drug Effect are the same types of disabilities but from drugs other than alcohol.

Before we fully blame the woman recent research has also indicated that high concentrations of alcohol in the blood can also damage sperm and thus contribute to FAS/FAE.