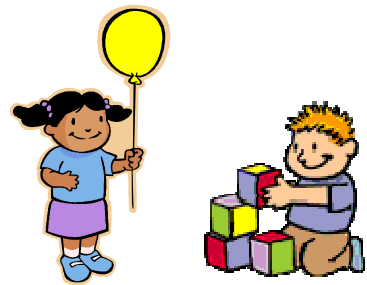


Counseling Children
PSYC 331
White Hall Room 103
Wednesdays Fall 2010



Instructor: Debra McCauley-Tokach, M.S., M.S.
Texts: **Portrait and Model of a School Counselor**
by Littrell and Peterson
Case Studies in School Counseling
by Golden and Henderson

COURSE DESCRIPTION

Counseling Children focuses on the main components of an elementary school counseling program: counseling (both individual and small group), class guidance, coordination, and consultation. Included is information about how to use a variety of intervention techniques, an overview of relevant counseling approaches, childhood social-emotional developmental issues and situational concerns, working with teachers, parents and outside agencies, national and state elementary school counseling guidelines, and legal and ethical issues specific to the elementary counseling setting.

COURSE OBJECTIVES

Counseling Children students will be familiar with the following topics as they relate to elementary school counseling:

- *developmental issues in childhood
- *what influences childhood development
- *emotional intelligence
- *multiple intelligence
- *learning styles
- *the relationship of counseling and academics
- *the counseling process
- *individual and small group counseling
- *classroom guidance
- *consultation and coordination
- *the world of play
- *play counseling techniques
- *national and state guidelines
- *legal and ethical issues

STUDENT OUTCOMES

Counseling Children students will be able to:

- *discuss the major components of an elementary school counseling program according to ASCA standards
- *recognize normal developmental concerns of childhood
- *recognize what influences normal development
- *understand the world of play as a means of communication and healing for children

COURSE REQUIREMENTS/OPPORTUNITIES

***Quizzes (60 points possible)** make-up quiz given only with medical note or instructor excused absence with notice given prior to quiz...quiz material will be taken from assigned web site information, text information, and information presented in class...quizzes may be both in-class and take-home

***Internet Topic Summaries (15 points possible)** complete at least a one-page summary of the information found at the weekly assigned web sites...typed...double-spaced...turn in weekly...one point per summary for 15 weeks

***Reflection Journal (15 points possible)** complete at least a one-page journal entry/reaction to each week's class presentation/discussion/activities...be specific...react to how information was presented in class, relevance of class activities, your personal interest/experience connected to the information, how you envision using the information, etc...you may also choose to submit an entry responding to the list of journal topics provided...some topics may be assigned...turn in weekly...one point per entry for 15 weeks

***Bibliocounseling Project (10 points possible)** select either a picture or chapter children's book...design new front and back covers with a message on the back to parents about why they should read this book to their child(ren)...(e.g., Parents, The Little Engine That Could will inspire your child to try his best even when things are hard. The Little Engine shows courage and determination when teased by others.)...be creative...clip art, original art, original photography can be used when designing the covers...book to be approved by instructor

***Trip To Gainesboro Elementary School** this will be on a regular class night...this is an "opportunity" that I encourage you to take...because this involves traveling, it is not required...car pooling will be available...dinner will be provided

GRADING

Your grade will be an accumulation of points earned. The following scale will be used:

A = 91 to 100

B = 82 to 90

C = 73 to 81

D = 64 to 72

F = 63 or below

<u>Activity</u>	<u>Total Possible Points</u>
Quizzes	60
Reflection Journal	15
Internet Topic Summaries	15
Bibliocounseling Jacket/Text	10

OFFICE HOURS

Please contact me using one of the methods below to arrange a meeting time. I am on campus Wednesday evenings and will be able to meet with you either before or at the completion of class by appointment.

tokachd@frederick.k12.va.us mctokach@hotmail.com

540-888-4550 (work Monday through Friday)

304-702-8797 (cell)

ACADEMIC INTEGRITY POLICY

From the 2009-2011 University Catalog, page 56:

Cheating in all its forms, including plagiarism and cheating on visual work, is considered an academic matter to be controlled and acted upon by the individual faculty member.

Students guilty of academic dishonesty on examinations in any course shall receive, as minimum penalty, a grade of F in that course. Such action shall be taken by the instructor, with written notification to the appropriate College administrators. Repeated offenses shall subject the student to suspension or dismissal from the college. Students involved in facilitating the academic dishonesty among others, such as the unauthorized dissemination of examination materials, will be subject to disciplinary action beyond that called for by their own cheating in the course.

***Please refrain from using cell phones during class.**

WEEKLY TOPICS & INTERNET PRE-CLASS READINGS

DATE

TOPIC & READINGS

August 18

Syllabus Review
Introduction to a Child's World
An Ethics Quiz for School Counselors

Google:
Annie E. Casey Foundation
Children's Defense Fund
Child Welfare League of America

August 25

Growing Up in the 21st Century
-Factors That Influence Development of Children
-Portrait and Model of a School Counselor
Chapters 1 and 11

September 1

Overview of the Elementary School Process
The 4 Cs
-Portrait and Model of a School Counselor
Chapter 2

www.ofsd.k12.wi.us/Osseo/counselorcorner.htm
www.falmouthschools.org/k2counseling/index.html

September 8

Overview Normal Developmental Milestones
Common Developmental Problems
Guidelines for Referral

-Portrait and Model of a School Counselor
Chapter 7

www.lfcc.on.ca/Perry_Six_Core_Strengths.pdf
www.ask.com go to Developmental Milestones
Google: enfants marshmallow test
www.feralchildren.com
explore Edik, Oxana, Genie

September 15
September 29
October 6

Counseling Through The World Of Play

-will be covered these weeks

-the sites below will be used

you will be responsible for completing 3 internet summaries one for each week...you will choose which sites to include in your summaries...please cover at least 9 sites total in your summaries...turn in one summary each week

Google:

developmental stages in children's art

any of the techniques by name...bibliocounseling, the use of art/puppets/games/sandtray in counseling

Rosebush Fantasy Technique with elementary school students

fifteen effective play therapy techniques

Virginia Association for Play Therapy

<http://www.play-therapy.com>

www.kidsontheblockvermont.org

www.sandtray.org

www.crosscreekcounseling.com

www.sandplaysupplies.com

www.sandplayusa.org

www.paintedchild.com

<http://sophia.smith.edu/~jdrisko/playtimeline.htm>

http://www.theopentoybox.co.uk/what_is_playtherapy.htm

<http://www.westhartfordcounselingcenter.com/sandtray.html>

<http://www.story-lovers.com/lists/puppets.html>

www.playtherapyforchildren.com/index.html

www.coe.unt.edu/cpt

September 22

Counseling Children will meet at Gainesboro School

in Gainesboro, VA

directions/car pooling information TBA

*Please note this trip is optional but encouraged...an alternate assignment will be given to those choosing not to attend

October 13
October 20

Classroom Guidance
Individual Counseling
Small Group Counseling
Emotional Intelligence

Portrait and Model of a School Counselor
-Chapters 8, 9, 10

Google:
Elementary classroom guidance lessons
Emotional Intelligence

<http://www.aisa.or.ke/services/lessons.html>

October 27

Review Of Frequently Used Theoretical Approaches To
Elementary Counseling

Google:
Impact counseling
developmental counseling
Adlerian counseling
behavioral counseling
cognitive-behavioral counseling
solution-focused brief counseling
mental research institute's problem solving method

www.pedagonet.com/other/MISB.htm

www.lifecoachesblog.com

www.impacttherapy.com

November 3

Parent Education
Consultation

Portrait and Model of a School Counselor
-Chapter 12

<http://www.fabermazlish.com>

www.AboutOurKids.org

<http://www.childrentoday.com/resources/articles/parent.htm>

http://www.naturalchild.com/jan_hunt/tenreasons.html

www.activeparenting.com

November 10 American School Counselor Association (ASCA) Counseling Model
WV Counseling Standards/Guidelines
Legal & Ethical Issues

Google:

American school counselor association code of ethics

www.schoolcounselor.org

November 17 Case Studies...Bibliocounseling Project Due

November 24 Thanksgiving Recess fall 2010

December 1 Film Festival
All Journal Entries/Internet Summaries Due

December 15 Final Quiz

***Please Note: **Case Studies In School Counseling** will be used throughout the course. Please bring both texts with you each week.

Soapy Snow

pour 2 cups Ivory Snow Ultra into bowl

add ½ cup water

whip with electric beater until doughy

now shape, stack, make something, squish...shape, stack, make something, squish...will become white as it dries

Brain Recipe

(makes 1 three pound brain)

1.5 cups of instant mashed potato flakes

2.5 cups of hot water

2 cups of sand

2 one-gallon ziplock bag

combine all in ziplock bag and mix thoroughly