

Shepherd University
Psychology: Division of business and Social Science

COURSE SYLLABUS: FALL 2006

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| Course Section: PSYC 306-05 | Counseling Psyc/Special Topics |
| Day(s)/Time: Thursday | 6PM to 8:40PM |

Location: WH 303

Instructor: J. Phillips

Office Hours: By appointment
304-876-6657 (H)
304-582-3952 (C)

E-mail: jphillip@shepherd.edu

Texts: **Theory and Practice of Counseling and Psychotherapy.** Corey, G., Belmont, CA, Brooks Cole Publishing Company, 2005.

“To contact the deeper truth of who we are, we must engage in some activity or practice that questions what we assume to be true about ourselves.” - A. H. Almaas

Course Overview:

Counseling Psyc is an experiential special topics course that will provide a beginning survey or overview of a variety of counseling theories. Together we will explore the basic concepts and techniques associated with each theory presented. Students will be expected to engage in experiential activities that will help to clarify the major concepts discussed. To fully realize this goal, it is important that we create an environment that is respectful, honest, and tolerant.

Course Objectives:

***Knowledge Development:** To acquire a working knowledge regarding the basic concepts found in a variety of major counseling theories.

***Personal Development:** To identify, discuss, and further develop personal understanding of constructs discussed as applied to individual situations.

Please note, the Classroom is not a therapeutic setting, and although confidentiality between students is desirable it cannot be guaranteed. Each student is requested not to reveal any information that the student considers to be harmful if publicly revealed.

Attendance- Students are expected to attend all regularly scheduled class meetings. Unless prior arrangements have been made, missing more than ONE class will result in the loss of potential points from your participation grade.

Participation- Please be sure to have read your assignments prior to coming to class. Participating in the class provides you with an opportunity to gain points towards your final grade. Lack of participation may be a deciding factor in the case of borderline grades.

Journal- Students are required to complete a journal that demonstrates understanding and personal application of each counseling theory studies. Refer to handout for grading guidelines. They will be collected prior to mid-terms and finals and will be reflected in both grades.

Journals are separate from class notes and must be constructed in a way as to:

- *Make a judgment as to the effectiveness of each theory as a medium for understanding development as applied to the personal developmental experience.
- *Make a judgment as to the effectiveness of each theory as a medium for understanding the personal development of at least one person of another gender or cultural population.
- *Include and identify major concepts of each theory as applied.

Lifestyle Analysis- Written assignment, guidelines will be provided in class.

Written Exams 1, 2, 3, and 4- These examinations will consider the knowledge and skills covered in class sessions and related readings up to time of testing. The exams are NOT cumulative.

Grading:

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| Journal | /50 | 25 points before mid-term, 25 points for final grade |
| Lifestyle Analysis | /40 | |
| Exam I | /40. | |
| Exam II | /40 | |
| Exam III | /40 | |
| Exam IV | /40 | |
| Participation (+/- points) | | |
| Total | /250 | |

Points for Letter Grades

225-250 = A

200-224 = B

175-199 = C

150-174 = D

149 and below is failing

Please note:

Course members are responsible for withdrawal from the course. If a course member does not attend class and does not withdraw, university policy indicates that a grade of “F” be given for the course

All examinations must be arranged before the exam date unless the student provides formal documentation of emergency circumstances.

Late assignments will not receive full credit. There will be a 10% penalty for each class session the assignment is overdue.

Please feel free to contact me and don't be overwhelmed...you can do this!

Shepherd University is committed to social justice. I concur with that commitment and expect to maintain a positive learning environment based upon open communication, mutual respect and non-discrimination. Our institution does not discriminate on the basis of race, sex, age, disability, veteran status, religion, sexual orientation, color, or national origin. Any suggestions as to how to further such a positive and open environment in this class will be appreciated and given serious consideration.

If you are a person with a disability and anticipate needing any type of accommodation in order to participate in this class, please advise me and make appropriate arrangements with the ADA Coordinator. (876-5453)