

Shepherd University

Fall/2010

(31183) PSYC-101-06

Introduction to Psychology (3 credits)

Thursdays / 6:00-8:40 /WH-110

Instructor: **Cheyenne Lewis** E-mail: clewis04@shepherd.edu Mailbox: **WH-202**

Office Hours/Location: **WH-202 Thursday 5:00-6:00pm**

Course Objectives:

Introduction to Psychology is a survey course introducing the core areas of psychology, including neuro-psychology, learning and memory, intelligence, developmental psychology, stress and health, personality, abnormal psychology, psychotherapy, and social psychology. The objective is for students to gain a general knowledge and understanding of Psychology as a science and also understand its practical merits to everyday life.

RESEARCH PARTICIPATION REQUIREMENT:

All students taking PSYC 101 Introduction to Psychology must complete a research participation requirement. This requirement may be completed in one of two ways. The first way is to participate in 2 units of research conducted by faculty, independent study students under the supervision of faculty, or students in the PSYC 485 Senior Thesis class. Psychology relies on empirical methods to test and refine its theories and exposure to the research process is considered an important learning experience for students. We understand, though, that some individuals may object to participation in research studies. The second way to fulfill the requirement is to read two articles and to write a two-page paper about each one. The articles must be chosen from the approved list which is posted on the Department Web site (<http://shepherd.edu/psychweb>) and on the Participant Pool bulletin board outside White Hall room 333. The actual articles may be found in the library reserved under the "Psychology Department." Participation will count for 10% of your final grade in this class and, whichever option you choose to complete, you must complete it by last day of classes. Signup sheets and complete participation policies and procedures may be found on the Participant Pool Bulletin Board.

Attendance and Participation:

Students are expected to attend all classes and participate in classroom activities. Attendance will be taken for every class. Students will be asked to share their own experiences and knowledge pertaining to the topics being discussed. Please contact me if you are unable to attend class. Handouts and articles will be given that students will be asked to respond to both orally and written in class. Please come to class prepared to share your experiences and personal knowledge about the topic.

Required text:

Psychology, 10/E, Carole Wade & Carol Tavris, 2011

Additional readings of current articles and handouts will be given by the Instructor

Please Note: The Instructor reserves the right to make any changes to the topic assignment dates and assessment procedures as deemed necessary throughout the semester. Every effort will be made to inform students of any and all changes as soon as possible.

Exams and Assignments:

1) Quizzes: 100 points

Quizzes will be given at various times throughout the semester to reinforce learning of the material and to prepare for the midterm and final. If the quiz was not announced ahead of time, it will be open book and notes.

2) Mid Term Exam: 100 points

The Mid Term Exam will cover Chapters 1, 2, 5, 7, 8. The format will be all multiple choice, in class, on **Thurs Sept 30**.

3) Final Exam: 100 points

The Final Exam will cover Chapters 9, 10, 11, 12, 14, 15, 16. The format will be all multiple choice, in class, on **Thurs Dec 9**.

4) Journal Assignment: 100 points

Prompts will be given at various times throughout the semester for students to write personal reactions, relating psychological concepts to personal experiences based on psychological theories and class discussions. If time permits some class time may be given for this assignment. Entries can be typed or neatly and legibly handwritten. More details to follow in class.

5) Mini Paper(s) Assignments(2): 100 points each / 200 points total

One mini-paper will be done prior to mid terms and one after mid terms. The paper(s) will relate to specific concepts in class and students will be asked to research facts and theories and include personal reactions. Specific details and exact due dates will be given in class. The papers should be typed, 12 font, double spaced, 3-5 pages. APA formatting should be used.

6) Research Participation Requirement: 100 points / 10% of overall grade for class

See previous explanation. Dr. Heidi Dobish will be visiting the class to explain in detail.

When you complete this requirement, turn in a write up of the date, time, title, and brief explanation of the research you participated in or the research articles you read and wrote summaries about. **Due the last day of class, Thur Dec 2.**

Assessment Procedures:

- ❖ Your final grade will be determined by an average of all the grades earned. In other words, the total points earned divided by 7 (total # of assessments).
- ❖ Final grades based on 10 point scale, 100-90 = A, 89-80 = B, 79-70 = C, 69-60 = D, 59-under = F
- ❖ Attendance and participation will be used in determining borderline grades.

Academic Integrity:

All students are expected to abide by the Shepherd University Academic Integrity Procedures found in the Shepherd University Student Handbook. Although you are encouraged to study together and to discuss information and concepts covered in lecture and the textbook sections with your classmates, however, "consulting" is different than copying and plagiarizing. Any work submitted must be your own! During exams, talking, discussion or collaboration of any kind is not allowed.

Should copying occur, whether on an exam or assignment, both the student who copied work from another student and the student who gave material to be copied will both automatically receive a zero for the assignment. Penalty for violation of this can also be extended to include failure of the course and University disciplinary action.

Late Work Policy:

Exams and Assignments turned in late will be accepted, but graded accordingly – full credit will NOT be given.

Tutoring:

Free Tutoring available to all Shepherd students for any course. Visit the Academic Support Center in 114 Knutti Hall from 8:00-4:30 or call 876-5221 or visit www.shepherd.edu/ascweb.

TENTATIVE COURSE SCHEDULE

Class Date	Topic/Assignment	Text Chapter
Thur Aug 19	Orientation	
Thur Aug 26	What is Psychology?	1
Thur Sep 2	How Psychologists do Research	2
Thur Sep 9	Body Rhythms & Mental States	5
Thur Sep 16	Learning & Conditioning	7
Thur Sep 23	Behavior in Social & Cultural Context	8
Thur Sep 30	Mid Term Exam	
Thur Oct 7	Thinking & Intelligence	9
Thur Oct 14	Memory	10
Thur Oct 21	Emotion, Stress & Health	11
Thur Oct 28	Motivation	12
Thur Nov 4	Theories of Personality	14
Thur Nov 11	Psychological Disorders	15
Thur Nov 18	Approaches to Treatment & Therapy	16
Thur Nov 25	NO CLASS - THANKSGIVING RECESS - ENJOY!	
Thur Dec 2	All Assignments Due / Research Participation Due / Review for Final	
Thur Dec 9	Final Exam	

SHEPHERD UNIVERSITY / Important Dates / Student Reminders

Date	Day	Event
8/16/10	Mon	Classes Begin
8/16/10	Mon	Add/Drop and Late Registration (Late Fee Applies), via RAIL or at Ikenberry Hall, 9:00 am-4:00 pm
8/20/10	Fri	Last Day to Add/Drop or Late Register via RAIL or at Ikenberry Hall, 9:00 am-4:00 pm
8/27/10	Fri	Last Day to Change a Course from Credit to Pass/Fail Status
9/3/10	Fri	Last Day to Change a Course from Credit to Audit Status
9/6/10	Mon	Labor Day - Holiday - University Closed
9/24/10	Fri	Last Day to Withdraw from first 8-weeks class - See Advisor by Noon
9/30/10	Thu	First Day of Mid-Term Exams
10/1/10	Fri	<i>Last Day to Apply for May 2011 Graduation (Registrar's Office)</i>
10/6/10	Wed	Last Day of Mid-Term Exams
10/8/10	Fri	Mid-term Grades Due, 9:00 am
10/11/10, 10/12/10	Mon, Tue	Fall Break - No Classes
10/13/10	Wed	Second 8-weeks Classes Begin; Mid-term Grades Available on RAIL
10/27/10	Wed	First Day of Academic Advisement for Continuing Students for Spring 2011
11/5/10	Fri	Last Day to Withdraw from a Full Semester Class - See Advisor by Noon
11/8/10	Mon	First Day of Spring 2011 RAIL Registration for Continuing Students; 9:00 am-4:00 pm
11/10/10	Wed	Last Day of Academic Advisement for Continuing Students for Spring 2011
11/19/10	Fri	Last Day to Withdraw from second 8-weeks Class - See Advisor by Noon
11/21/10	Sun	First Day of Thanksgiving Recess
11/28/10	Sun	Last Day of Thanksgiving Recess
12/7/10	Tue	Last Day of Classes; Last Day for Complete Withdrawal
12/8/10	Wed	Study Day
12/9/10	Thu	First Day of Final Exams
12/15/10	Wed	Last Day of Final Exams
12/17/10	Fri	First Semester Grades Due 9:00 am - End of First Semester
12/20/10	Mon	Grades will be available via RAIL - Tentative