

Traditional Meal Plan Fact Sheet - 2011/12

The Basic 19 (\$1,849): offers 19 meals/week + 8 bonus meals and is accepted in the Dining Hall, Rams Den, Fireside Bistro, and Wellness Cafe. Regular meals may be used in retail locations using “meal transfer” (see times and credit amounts below); bonus meals may only be used in the Dining Hall. Traditional residential students not indicating a meal plan preference on their contract will be assigned this plan.

The Flex 15 (\$1,819): offers 15 meal/week (as above), 8 bonus meals, and \$105 dining dollars that may be used at any Dining Services location. This plan is available to residential students with passed credit hours above 25.

The Upper Class 12 (\$1,779): offers 12 meals/week (as above), 8 bonus meals, and \$200 dining dollars to be used at any Dining Services location. This plan is available to residential students with passed credit hours above 56.

The Deluxe Block 300 (\$2,059): offers 300 meals/semester and \$200 dining dollars. Students purchasing this plan may use meals in the Dining Hall at any time and in any combination. Dining dollars may be used at any campus dining location. The plan does not allow meals to be converted into meal transfer at retail locations. This plan is available to any Shepherd University student.

For questions about meal plans, contact Jack Shaw @ 304-876-5149 or via e-mail to jshaw@shepherd.edu. See our web site at www.shepherd.edu/dineweb/ for further information about Shepherd University Dining Services.

2011/12 Hours of Operation:

Dining Hall:

Breakfast 7:15 to 10 a.m. (M-F); Continental 10 to 11 a.m. (M-F)

Lunch 11 a.m. to 3 p.m. (M-F); Soup, Salad, Pizza 3 to 4:00 p.m. (M-F)

Dinner 4:00 to 8:00 p.m. (M-Th); Dinner 4:00 to 7:30 p.m. (F-Su)

Brunch 11 a.m. to 3 p.m. (Sa /Su; w/continental from 9 am to 11 am)

Ram's Den:

Monday to Thursday, 7 a.m. to 9 p.m.; Friday 7 a.m. to 3 p.m.

Fireside Bistro:

Monday to Thursday, 7 a.m. to 10 p.m.; Friday 7 a.m. to 4 p.m.

Wellness Café:

Monday to Thursday 7:30 am to 8 pm; Friday 7:30 am to 7 pm

Saturday noon to 7pm

Ram Mart:

Sun to Thu 5 p.m. to midnight

Meal Transfer Times and Rates:

Breakfast (served 7 to 10:30 a.m.): \$4.65

Lunch (served 12:40 to 3:30 p.m.): \$6.00

Dinner (served 4 p.m. to closing): \$6.00

You get a 5% Discount on Dining Dollars purchases!