

## Jefferson's Regalia signs with Shepherd University

*Jefferson outfielder happy to stay close to home*

By NATE MACZUZAK  
JOURNAL SPORTS WRITER

SHEPHERDSTOWN — Jefferson's Dillon Regalia will be stepping into a comfortable situation next season.

The Cougar outfielder will be attending Shepherd University on scholarship, just a stone's throw from where he grew up in Shenandoah Junction, and is looking forward to four more years on the diamond in a location close to home.

"I like the idea of getting to play four more years of baseball and getting a good education over at Shepherd," he said. "It's going to be nice to be close to home and still get to get back and watch Jefferson play when I can."

"Getting a full-spring scholarship is awesome. I didn't think I'd be getting money."

In addition to the money he'll be receiving from the

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— John Lowery  
Jefferson baseball coach

university, Regalia also will be receiving a \$500 scholarship from the North-South All-Star game.

The Jefferson centerfielder will bring speed and a steady outfield presence to the Rams, who finished the 2010 season 21-18 overall, 9-7 in West Virginia Conference play.

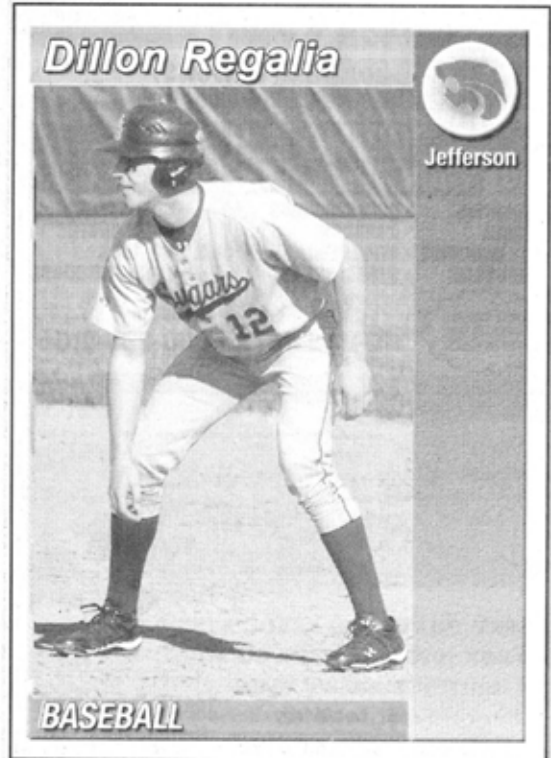
"Dillon has his best baseball in front of him," Jefferson coach John Lowery said. "The kid has a tremendous amount of tools, arm strength, foot

speed, power, perfect body type for a baseball player. It is just a matter of him harnessing his potential and getting it going in right direction. He has all the attributes to be a good baseball player."

Lowery thinks if Regalia focuses on baseball, he can be successful at Shepherd.

The 2009 WVC champions, the Rams entered the 2010 season as the coaches' favorite to repeat as league champs and climbed as high as seventh in the National Collegiate Baseball Writers Association Division II Atlantic Regional Poll. The Rams' hopes of a repeat league title never materialized, however, and they finished the season unranked in the region and in third place in the Northern Division of the conference behind Seton Hill (31-19, 11-5) and Pitt-Johnstown (25-16, 10-6).

See REGALIA D6



## Regalia FROM PAGE D1

Regalia relished his three years of varsity experience as a Cougar.

"I've learned so much from coach Lowery," he said. "The years I played varsity were just awesome."

A .375 hitter with a .514 on base average, a .804 slugging average and 21 steals, Regalia has proven to be a force on the high school level.

With six home runs, he's not lacking in power, either.

"I expect to do pretty well," Regalia said. "I've never had an outfield coach and have done pretty well. With more instruction, I expect to get even better."

Regalia will be studying criminal justice in the classroom.

## Rams' Bettura, Pitcock win WVC honors

PRINCETON — Pitcher Tricia Bettura and pitcher-first baseman Nichole Pitcock of the Shepherd University softball team were named first-team selections to the 2010 all-West Virginia Conference softball team.

Shortstop Courtni Williams, catcher Kris Durham and outfielder Bianca Biondillo were honorable mention selections.

Bettura leads the Rams pitching staff with a 19-7 mark and a 1.26 earned run average. She fanned 172 hitters in 172  $\frac{1}{3}$  innings. Her 19 wins and 172 strikeouts are Shepherd single-season records. Bettura also batted .328 with a team-best 12 doubles.

Pitcock recorded a 15-7 record with a 1.76 ERA. She fanned 129 in 131 innings. She leads the Rams at the plate with a .347 batting average. She also leads the team in hits (51), slugging percentage (.524), total bases (77), runs batted in (35) and is tied for the team lead in home runs (5).

Williams, a three-time all-league

choice, has a .276 batting average with six doubles and is tied with Pitcock for the team lead with five home runs. She also leads the team in runs scored (32), walks (19) and stolen bases (6).

Durham is second on the team with a .333 batting average. She is second on the team in slugging percentage (.452), on-base percentage (.401) and runs batted in (33). She has six doubles and three homers on the year.

Biondillo has a .306 batting average with 25 runs scored and 19 runs batted in. She has seven doubles, three triples and a home run. She leads the team in triples (3), sacrifice bunts (7) and ties Pitcock for the team lead in sacrifice flies with three.

## Shepherd softball loses second and third WVIAC tourney games

VIENNA -- A 2-1 loss to Charleston in the second round of the WVIAC softball tournament shoved the Lady Rams into the loser's bracket of the three-day, double elimination tournament.

When the Lady Rams were beaten, 10-3, in their first game in the loser's bracket, they were gone in three games from the event.

After defeating Glenville in the first round on Thursday, Shep-

herd moved along the tournament trail and faced Charleston on Friday.

Neither team provided its pitcher -- Charleston's Rossman and Shepherd's Tricia Bettura -- with much offense and the game was tied at 1-1 after the regulation seven innings.

Charleston scored a run in the top of the fourth, but Shepherd responded with a run of its own.

In the eighth, the Lady Golden Eagles shoved across another run. And then Rossman blanked the Lady Rams in the bottom of the eighth to get Charleston the win.

Rossman limited Shepherd to just four hits, all singles. She fanned seven (including Courtnei Williams three times) and issued only one walk.

Bettura pitched a complete-game six-hitter. She fanned five and walked three and only one of the

runs scored off her was earned.

Shepherd's four singles came from Bettura, Nichole Pitcock, Amber Dudek, and Chelsie Oals.

Shepherd stranded five runners and Charleston stranded nine.

Charleston went to 33-19 on the season with the win.

The Shepherd-Seton Hill game would see the winner stay alive and the loser eliminated.

The Griffins jumped ahead, 4-1, after three innings against Shepherd starting pitcher Pitcock and reliever Bettura. A three-run sixth inning extended the Seton Hill lead to 8-3.

Pitcock lasted only two innings, giving up four hits and two walks, before leaving when Bettura took over in the third.

Bettura went four innings and was charged with two earned runs among the six runs she yielded. Bettura allowed eight hits and walked two and hit a batter.

Seton Hill collected 12 hits off the combined pitching of Pitcock and Bettura.

Shepherd had eight hits, including a double by Bettura.

The Lady Rams were hurt by six errors, including four by shortstop Courtnei Williams.

Bettura went 2-for-3 and Amber Dudek was 2-for-4.

Tiffany Farmer had an RBI as did Cammi Orlandi and Pitcock. Shepherd was 35-14 overall.

## Bettura gets Shepherd off on the right foot

VIENNA -- Shepherd spotted Glenville a first-inning run, but then Lady Rams' pitcher Tricia Bettura blanked the Pioneers the rest of the way to give her offense a chance to get untracked.

As a result of Bettura's six innings of shutout pitching, the Lady Rams defeated the Pioneers, 4-1, to move into the winner's bracket of the WVIAC tournament.

Shepherd played Charleston in an early afternoon game on Friday in the double elimination tournament that was scheduled to crown a champion on Saturday evening.

Glenville had earlier beaten West Liberty to move along to face second-seeded Shepherd. After its two games last Thursday the Pioneers had a 29-30 overall record. Shepherd improved to

35-12 overall.

After Glenville used two hits to score in the first inning, Bettura limited it to only three harmless singles in the last six innings.

Nichole Pitcock's first-inning single scored Courtni Williams, who had doubled, to quickly tie it at 1-1 in the bottom of the first.

In the Shepherd second, Cammi Orlandi doubled and eventually scored on Bianca Biondillo's RBI single.

Pitcock and Amber Dudek had infield hits in the third with Pitcock scoring on Kris Durham's infield single, making it 3-1.

The fourth Shepherd run came in the sixth when Williams would double home Tiffany Farmer.

Bettura would retire 10 of the last 12 batters she faced. She finished with nine strikeouts and improved her record to 19-6.

## JHS tackle signs with Shepherd Rams

By Daniel Friend  
Chronicle staff

One of Shepherdstown's own football standouts Tim Schmitt has signed to play for the Shepherd University Rams starting this fall.

It's hard not to notice Schmitt. At 6 foot, 5 inches and 280 pounds, he can't hide. But if you were facing him on the line of scrimmage, you might wish you could.

He will graduate from Jefferson High School May 30 and has been awarded a football scholarship. He officially signed with the University in February and will begin practicing with the Rams in August. But Schmitt still has to make the cut in tryouts, he said. "You prove to them you're worthy of attention."

He played football all four years of high school for the JHS Cougars, most recently as offensive tackle and defensive end.

"I'm just looking forward to becoming a part of a really good college football program," Schmitt told the Chronicle.

He is the son of Jim and Melinda Schmitt of West German Street. Both his parents also attended Shepherd College. His sister Jessica is on the Shepherdstown Middle School track and field and basketball teams.

Jefferson's Head Football Coach Richard Mills said Schmitt has



Photos courtesy of WhyKnotPhotography

the potential to excel at Shepherd.

"He was the biggest kid on our team," said Mills. "We won't have that size . . ." next year.

"We think he's going to do pretty well at Shepherd," said Mills, himself a 1975 Shepherd graduate. "I think it's a good fit for him over there. . . . He's a good kid, a hard worker. And we're really happy he's going to continue on that level."

The Cougars were able to end their season with a sound 24-0

defeat of rival Washington High School in November.

"It was our last game ever in high school, and it was really emotional," Schmitt said. "I got a couple tackles and some pancakes, and I forced an interception early in the game."

In the off-season, Schmitt has kept him-

self on a strict exercise and weight training regimen in preparation to take the field with the Rams.

"You want to work out as hard as you can . . ." Schmitt said. "But they take you and make you bigger, faster, stronger."

Off the field, Schmitt achieved the rank of Eagle Scout in December. His Eagle Project involved planning, fund-raising, construction and landscaping of the new entrance sign for Shepherdstown Elementary School. The project was completed in July 2009.

He was publicly rec-

ognized for his Scouting achievements on March 27 during the Troop 33 Eagle Scout Court of Honor, held at the Shepherdstown Presbyterian Church. Schmitt earned a dozen required merit badges for the Eagle rank and an additional 19 that were "Eagle optional." His requirements — earned over a period of several years — spanned a skill range from citizenship, camping and communications to automotive maintenance, disabilities awareness and shotgun shooting.

Scout leader Tom White presented two

full pages of Schmitt's achievements and awards during the event.

"During his nearly seven years of membership in Troop 33, Tim has about 60 days and nights of camping . . . including last summer's high adventure canoeing trek in the Adirondacks of New York State, bay front and ocean front camping at Solomon's Island and Chincoteague Island," White remarked. Schmitt served in top leadership roles for more than two years with Troop 33 and participated in more than 20 community

service projects, fundraisers and observances, White said.

In talking about Schmitt's accomplishments — from hustling on the football field to pitching in on community service projects — his Scouting mentors and coaches say Schmitt is a dedicated worker.

In high school football, Coach Mills tries to instill in his players the importance of working "all the way to the end of the game (to) finish the job. We try to teach them that hard work will pay off in the end."

Schmitt appears to have taken that lesson to heart, and he has the scholarship and the prestigious rank of Eagle Scout as his rewards. His reaction to his successes is simple and sincere.

"I feel good," Schmitt said.

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