SPARTANBURG, S.C. — Freshman Nicole Rianne tallied eight goals and three assists, while sophomore Kaitlyn Drake added five goals and an assist to lead Shepherd to a 20-18 win over Lees-McRae College in women's lacrosse action on Monday.

The win was a first for Shepherd women's lacrosse program.

Shepherd (1-3) also got three goals and two assists from sophomore Carly Jones and two goals and an assist from sophomore Cara Parks.

Edith Psillas tallied nine goals and Emily Gienthner added five to lead Lees-McRae (0-4).

Shepherd netminder Emily Rachel recorded five saves.

COLLEGE SOFTBALL
Shepherd softball drops pair
KISSIMMEE, Fla. — Shepherd University came up on the short end of a pair of one-run games in softball action at the Rebel Spring Games on Monday. Augustana handed the Rams a 5-4 loss, while University of New Haven took a 2-1 triumph in the later game.

Britt Stewart belted a two-run single with two outs in the bottom of the seventh inning to lift Augustana (11-0) to a 5-4 win.

Shepherd was led by sophomore pitcher Tricia Bettura with a 3-for-4 effort including an RBI-double in the top of the seventh that gave the Rams a 4-3 lead.

Bettura took the loss to fall to 4-1.

Sophomore third baseman Chelsie Oals went 3 for 4 to pace the Rams against the University of New Haven.

Junior shortstop Courtni Williams, junior pitcher Nichole Pitcock, and sophomore catcher Kris Durham each added a pair of hits. Shepherd dropped to 8-2.
Shepherd football reveals 16 recruits

The Shepherd University football program has announced the signing of its first 16 recruits.

The first signees are running back Kevin Williams from Suitland High in Maryland; linebacker/lineman Elijah Washington from Handley High in Winchester; linebacker Joshua Tosey from Heritage High in Leesburg, and quarterback Trae Tinsman from James Wood High in Winchester.

Four more recruits are defensive back Brandon Thomas from Spotsylvania, Virginia; running back Connor Riley from Robinson High in Northern Virginia; lineman Hassan Ouri from Broadneck High in Maryland; and wide receiver William McKenzie from Douglass High in Upper Marlboro, Maryland.

Another four being announced are quarterback Levi Barber from Edison High in Virginia; wide receiver/defensive back Devin Bassett from Bishop McNamara High in Maryland; defensive back David Carter from Handley High in Winchester; and lineman Marcos Castillo from Caroline High in Virginia.

Four more recruits are lineman Robert Hayes from Park View High; quarterback James Jones from Frankfort High in Ridgeley; defensive back Nick Marth from Linganore High in Maryland; and lineman Tim Schmitt from Jefferson High in West Virginia.

Shepherd is expected to announce several additional groups of football recruits as the weeks and months go by.

Shepherd’s Gallagher gets Adams Award

Shepherd University men’s basketball senior guard Derek Gallagher is the recipient of the annual Sparky Adams Award given by the WVIAC basketball officials.

The yearly award is given to a senior player who has shown courage and leadership during his college career and has shown the qualities important to inter-collegiate athletics.

Shepherd’s Danley Shank was a co-recipient of the Adams Award in 2007. Adams officiated in the WVIAC for many years.

In his four years at Shepherd, Gallagher scored 938 points, had 507 rebounds, and was credited with 253 assists.
Ram baseball sweeps Fairmont

MOUNT OLIVE, N.C. - Shepherd University swept Fairmont State in baseball action at Mount Olive College on Tuesday afternoon. The Rams had a 10-1 win in game one and earned the sweep with a 15-3 victory in the nightcap.

Freshman outfielder Michael Lott went 2 for 2 with three runs scored and a pair of RBI, while junior third baseman Brian Collins also tallied a pair of hits with a double and a solo homer to pace the Rams in game one.

Senior pitcher Gerrard Sokolos picked up the win in game one to improve to 2-0. Pat Robinette took the loss for the Falcons.

Collins and Lott each posted 3-for-4 outings with five RBI to lead a 15-hit attack for the Rams in the nightcap.

Sophomore first baseman Nathan Minnich added a 2-for-4 effort with a homer and a double, while senior outfielder Chris Szafran and senior shortstop Pat Aragon each added a pair of hits.

Senior pitcher Pat Smith gained the win in the nightcap for the Rams to improve to 1-0 on the year.

COLLEGE SOFTBALL
RAMS WIN 2 IN FLA.

KISSIMMEE, Fla. - Shephard University improved to 10-2 on the year with a pair of victories in softball action at the Rebel Spring Games on Tuesday.

The Rams rallied for a 4-3 win against Dowling and added a 12-2 win over Bridgeport in the later game.

Junior infielder Cammie Orlandi led off the seventh inning with a single and later scored on a double off the bat of junior shortstop Curt MRI.

Williams to break a 3-3 tie and lift the Rams to the win over Dowling.

Sophomore pitcher Tricia Bettura picked up the win to improve to 5-1 on the season.

Bettura went 3 for 4 and drove in three runs, while sophomore infielder Delany Bell went 3 for 4 with a pair of doubles to lead the Rams against Bridgeport.

Junior pitcher Nichole Pitcock also posted a 3-for-4 outing.

Pitcock fanned four en route to the win to improve to 4-1 on the year.

- Staff reports
Shepherd baseball falls to Barton

WILSON, N.C. — Barton College had 14 hits on the day in a 14-3 win over Shepherd University in baseball action at Nixon Field on Thursday afternoon.

Shepherd grabbed a 1-0 lead in the first inning when senior outfielder Chris Stafran walked with the bases loaded to plate junior third baseman Brian Collins.

The Bulldogs took control of the contest with five runs in second and three more in the third. A two-run single by Clay Martin in the third gave Barton an 8-1 advantage.

Chris Rawlings went 3 for 3 with two runs scored and a pair of RBI, while Braxton Lewis was 4 for 4 with three runs scored and drove in two runs to lead the Bulldogs.

Freshman outfielder Michael Lott led the Rams with a two-run double in the ninth.

Philip Williams, who fanned five and walked one over 6.1 innings, picked up the win to improve to 1-0. Senior pitcher Bryan Wolfe took the loss for the Rams to fall to 0-2.

Shepherd falls to 6-6, while Barton improves to 13-14. The Rams return to action at 1 p.m. on Saturday when they travel to West Liberty for a doubleheader.

COLLEGE SOFTBALL
Wayne State 5, Shepherd 1

KISSIMMEE, Fla. — Shepherd University split a pair of games in softball action at the Rebel Spring Games on Thursday. The Rams dropped a 5-1 decision to fifth-ranked Wayne State, Mich., and added an 11-1 win over Bridgeport in the later game.

Shepherd's only run against Wayne State came in the fifth inning when junior infielder Cammie Orlandi led off the inning with a single and later scored on an RBI-single by freshman outfielder Tiffany Farmer.

Steph Foreman drove in four runs with a homer and a double to lead the Warriors. Allison Allen added a solo blast.

Sam Cain picked up the win for Wayne State (19-4). Sophomore pitcher Tricia Betura took the loss to fall to 5-2 on the season.

Freshman outfielder Bianca Biondillo went 3 for 3 with three RBI to lead the Shepherd (11-3) against Bridgeport. Junior pitcher Nicole Pitecek, sophomore third baseman Chelsie Oaks, sophomore catcher Kris Durham and Betura each added a pair of hits for the Rams.

Freshman pitcher Brooke Stambaugh (2-0) picked up the win in relief of Pitecek. Madison Smith took the loss for Bridgeport.

The Rams return to action at 11 a.m. for the Rebel Spring Games on Friday when they face Minnesota State Moorhead and Augusta at 1 p.m.
Rams split a pair of games

KISSIMMEE, Fla. — Shepherd University split a pair of games in softball action in its final day at the Rebel Spring Games on Friday. The Rams dropped a 6-0 decision to 22nd-ranked Augustana, S.D., and gained a 9-1 win over Minnesota State Moorhead in five innings.

Jenny Brown went 2 for 4 and drove in a pair of runs to lead Augustana (15-2).

Nichole Pitcock led the Rams with a 1-for-3 effort with a double.

Shelby Thompson got the win for the Vikings, while Pitcock (5-2) took the loss for the Rams.

Kris Durham belied a three-run homer and junior shortstop Courtni Williams went 2 for 3 with a double to pace the Rams in the victory over Minnesota State Moorhead (2-11).

Tricia Bettura gained the win to improve to 6-2 on the season. Mara Litzer took the loss for the Dragons.

The Rams (12-4) return to action at 2:30 p.m. on Tuesday when they travel to Indiana, Pa., for a doubleheader.

— Staff reports
Rams baseball splits with West Liberty

WEST LIBERTY — Shepherd University split doubleheader action with West Liberty in West Virginia Conference baseball at Kovalick Field on Sunday.

The Hilltoppers took a 5-4 win in game one, while the Rams gained a split with a 6-1 triumph in the nightcap.

The Hilltoppers rallied with four runs in the bottom of the sixth inning to win game one.

A two-run homer by Gabe Cyrus tied the game and Kraig Kubancik added an RBI double to plate Carson Koontz with the game-winning run.

Cyrus and Koontz each went 2 for 3 to lead the Hilltoppers.

Anthony Jackson went 2 for 4 to pace the Rams.

Chris Szafran, Pat Aragon, Jake Cook and Tylor McCain each drove in a run.

Faul Chenoweth took the loss, while Trent Chapman gained the win in relief for West Liberty.

The Rams broke a 1-1 tie with five runs in the fourth in the nightcap to pull away for a 6-1 win.

Nathan Minich belted a three-run homer to key the rally.

Minich, Tyler Beard and Corie Gustines each tallied a pair of hits for the Rams.

Kenny Reisinger (7.0 IP, 2 Ks, 1 BB) scattered four hits to pick up the complete game win. Donnie Platt took the loss for West Liberty.

Shepherd moved to 8-8 overall, 2-2 in WVC play, while West Liberty is now 3-14, 2-2. The Rams return to action on Wednesday when they host Millersville for a 1 p.m. doubleheader.

COLLEGE LACROSSE
Converse 23, Shepherd 5

SPARTANBURG, S.C. — Bridget Dullea scored five goals and Tyler Dale netted four to lead Converse College to a 23-5 win over Shepherd University in women's lacrosse action at Converse on Saturday afternoon.

The Valkyries also got three goals from Jennifer Tropiano.

Shepherd (1-5) was led by freshman Nicole Ruane with four goals. Sophomore Kaitlin Drake added a goal and an assist.

Freshman netminder Emily Rachel recorded eight saves for the Rams, while Molly Donahue (6) and Ashley Mercuri (5) combined for 11 saves for the Valkyries.

Converse had a 38-17 edge in shots, while Shepherd had a 20-14 advantage in ground balls. The Valkyries were successful on 14 of 15 clears, while Shepherd was 8 of 9.

The Rams return to action on Wednesday when they host Erskine for a 3 p.m. contest at Ram Stadium.
Rebel Spring Games softball
see Shepherd split pair of games

KISSIMMEE, (Fla.) -- With the Rebel Spring Games softball tournament continuing in this Osceola County city, Shepherd split two games last Thursday.

The Lady Rams dropped a 5-1 decision to fifth-ranked Wayne State (Michigan) in its first game of the afternoon. Shepherd’s lone run was driven in by Tiffany Farmer, who single plated Cammie Orlandi.

Lady Rams’ pitcher Tricia Bettura absorbed the loss to send her overall record to 5-2.

Stephanie Foreman and Allison Allen both clubbed home runs for the Lady Warriors. Samantha Cain was Wayne State’s winning pitcher. Wayne State was 19-4 after the win.

The afternoon’s second game saw Shepherd defeat Bridgeport (Connecticut), 11-1. The victory was Shepherd’s second success against Bridgeport in the Rebel Spring Games.

Brooke Stambaugh was credited with the pitching win. She relieved starter Nichole Pitcock. Stambaugh improved her record to 2-0.

Outfielder Bianca Biondillo had a 3-for-3 day for Shepherd. She drove in three runs. Pitcock had two hits as did Kris Durham and Bettura.

Shepherd was left with an 11-3 record.

Shepherd’s last two games in the Rebel Spring Games were last Friday when the Lady Rams faced both Minnesota State Moorhead and Augustana.

Shepherd beats Minnesota State, loses to ranked Augustana, 6-0

KISSIMMEE, (Fla.) -- In its final two games on Friday in the Rebel Spring Games, the Shepherd softball team lost a 6-0 decision to Augustana (South Dakota) and then defeated Minnesota State Moorhead, 9-1, to complete its Spring Break week in Florida.

Augustana, which was ranked No. 22 in one NCAA Division II poll, muzzled the Shepherd lineup and scored enough runs off pitcher Nichole Pitcock (5-2 with the loss) to get the win.

In the win over Minnesota State Moorhead (then 2-11 with the loss), the Lady Rams had a three-run homer from Kris Durham. Courtni Williams was 2-for-3 with a double.

Pitcher Tricia Bettura went the distance to improve her record to 6-2.

Shepherd completed its Florida swing with a 12-4 overall record and will return for games in Shepherdstown on March 24, March 27, March 28, and March 31.
Revived Reisinger’s pitching helps Rams gain another WVIAC split

WEST LIBERTY -- Even with a three-run lead after five innings, Shepherd could not hold off a late-game West Liberty rally and fell to the Hilltoppers, 5-4, in the first game of a Sunday doubleheader in the Northern Division of the WVIAC baseball race.

Shepherd managed to a 6-1 win in the nightcap as senior right-hander Kenny Reisinger at least temporarily shed his season-long pitching problems to give the Rams a complete game and a split of the doubleheader.

In the opener, the Rams had a 4-1 lead after five innings as junior left-hander Paul Chenoweth held the Hilltoppers in check.

But then West Liberty rallied for four runs in the sixth to chase Chenoweth. Cyrus had a two-run homer. Chenoweth was replaced by Adam Lauer who was greeted by Kubancik’s pinch-hit RBI double that plated the go-ahead run and put the Hilltoppers in front at 5-4.

Of Shepherd’s eight hits, Anthony Jackson had two. The Rams had no extra base hits, but got RBIs from Chris Szafran, Pat Aragon, Tyler McCain, and Jake Cook. Cook was a first-time starter.

In the second game, Reisinger entered with a double-figure earned run average and three blown saves.

In his first start of the season, Reisinger went the seven-inning distance, scattering four hits (all singles), walking just one, hitting just one batter, and fanning two.

It was a 1-1 game through three innings before Shepherd erupted for five runs in its half of the fourth.

McCain walked after one out and Tyler Beard singled. Val Ardunni singled to load the bases. Brian Collins reached on an error and two runs scored.

Nathan Minnick finished off the inning’s scoring with a three-run homer.

The Rams had nine hits with Corie Gustines, Beard, and Minnick all getting two hits. Minnick had three RBIs and Collins had two.

The Rams were 2-2 in conference play (8-8 overall) as was West Liberty (3-14 overall).

Pitt Johnstown was able to beat Seton Hill one time on Sunday in those teams’ doubleheader. Seton Hill was 3-1 in league games and Pitt Johnstown was 1-3 in league games.

Barton chases Shepherd’s Wolfe, Rams fall, 14-3, to Bulldogs

WILSON, (N.C.) -- Shepherd baseball ended its Spring Break week trip to North Carolina where it was beaten, 14-3, by Barton College.

The Rams returned to West Virginia with a 6-6 overall record and faced WVIAC Northern Division rival West Liberty in a pair of conference doubleheaders on the road on March 20 and March 21.

The Bulldogs got to Shepherd starting pitcher Bryan Wolfe, now 0-2, for five runs in the second inning. Barton then scored another three runs in the third inning.

Altogether, Barton collected 14 hits off Shepherd pitching. Shepherd’s three runs came when Chris Szafran got an RBI when he walked with the bases loaded in the first and Michael Lott had a two-RBI double in the ninth.

Barton starter Philip Williams got the win when he struck out five and walked only one in his 6.1 innings. Williams was 1-0.

Barton was 13-14 overall with the win over the Rams.
Pat Smith’s complete game effort salvages split for Shepherd baseball

WEST LIBERTY -- An ominous start toward defending its 2009 WVIAC baseball championship befell Shepherd when the Rams visited West Liberty (1-12 going into Saturday’s doubleheader) to open conference play.

The Hilltoppers defeated Shepherd, 4-3 in the opening game of a twinbill. Shepherd was able to get a split of Saturday’s two games when it won the nightcap, 4-3.

In the first game, West Liberty had a 3-0 lead after just three innings against Rams’ starter Gerard Sokolis. But the Rams came back to make it 3-3 after six innings. The Hilltoppers shoved across the winning run in the seventh against Sokolis, using the last of their 11 hits.

Michael Lott had a home run for the Rams and went 2-for-4. Tyler Beard had two singles, scored a run and had an RBI.

The Rams managed only seven hits off West Liberty starter and winner Jeff Walsh.

Derek Daugherty drove in the winning run with a single in the seventh when the bases were loaded. D.J. Nichols, Trent Chapman, and Drew Dunn all had two hits for the Hilltoppers.

In the nightcap, Shepherd got a needed route-going pitching performance from senior right-hander Patrick Smith.

Smith struck out nine and walked only one in helping the Rams salvage one of the games. Brian Collins had two RBIs, scored two times, and clubbed a solo home run for Shepherd. Anthony Jackson also drove in two runs.

The Rams had a 4-1 lead after three innings but failed to score after that and were limited to only four hits by the route-going Robbie Stewart, who had five strikeouts and walked only one.

Stewart retired the last 10 batters he faced.

After West Liberty rallied for a pair of runs in the fourth inning, Smith was able to keep it off the scoreboard in all of the next three innings.

The Rams watched as Seton Hill swept a division doubleheader against Pitt Johnstown. Those two teams are the most prominent Northern Division members in the WVIAC.

Second-ranked Mount Olive rips Shepherd pitching staff, 19-7

MOUNT OLIVE, (N.C.) -- Despite getting 14 hits off three Mt. Olive pitchers, Shepherd couldn’t keep the second-ranked NCAA Division II team from raking its pitchers for 19 hits and defeating the Rams, 19-7, in a non-conference game played in North Carolina during the Spring Break holiday.

Mt. Olive, the Division II national champions in 2008, improved to 23-1 overall. Shepherd was 6-5 overall.

Shepherd’s leading hitters were Nathan Minnick (4-for-5 with three RBIs, two runs scored, and a home run), Brian Collins (3-for-5 with two runs scored, and two doubles), Chris Szafraan (2-for-4), and Michael Lott (2-for-5).

Mt. Olive had two players -- Bobby Leeper and Jeremy Nowak -- score four runs. Leeper, Nowak, and Michael Knox all had three hits.

Nowak slammed his ninth and 10th home runs of the 24-game season.

Knox drove in four runs, and Leeper had three RBIs.

Mt. Olive had nine extra base hits.

Of the six Shepherd pitchers to face Mt. Olive in its eight offensive innings, only Trevor Appley (1.1 innings, no hits, no walks, no runs) had even a modicum of success.

Paul Chenweth (the starter), Adam Lauer, Justin Byrd, Sean Wiles, and Kenny Reisinger were all roughed up.

Mt. Olive had a 2-0 lead when it scored eight runs in the third and then coasted home to the win.
Shepherd baseball sweeps Fairmont

MOUNT OLIVE, (N.C.) -- The only WVIAC teams the Shepherd baseball team has played they have beaten.

But neither the three-game sweep of Davis & Elkins in early March or last Tuesday's doubleheader sweep of Fairmont in North Carolina counted in the league standings.

The Rams clubbed Fairmont, 10-1, in the first game and then completed the sweep by drilling the Fighting Falcons, 15-3, in the nightcap.

The games were played on a neutral field at Mount Olive in North Carolina.

In the nine-run win in the first game, third baseman Brian Collins had a solo homer and a double. Outfielder Michael Lott had two hits, scored three runs, and drove in two runs.

Left-hander Gerard Sokolis was Shepherd's winning pitcher, improving his early-season record to 2-0.

In the second game, Shepherd rattled 15 hits off Fairmont pitching, the most hits the Rams have had in their 10-game season, which now has improved to 6-4 overall.

Collins went 3-for-4 and Lott also checked in with a 3-for-4 game.

First baseman Nathan Minich clubbed a home run and a double.

Outfielder Chris Szafran and shortstop Pat Aragon each contributed two hits to the Shepherd offense.

Right-hander Pat Smith picked up the win giving him a 1-0 record.

Fairmont dipped to 1-8 with the twin losses.

The Rams remained in North Carolina and played Mount Olive last Wednesday.