Women

Fairmont D1

into halftime, up 38-32.

Despite losing Star Jett five-point attempt, the Bal-
cons shooting got cold in the halftime, shooting only 13.7 percent from the field. They actually shot worse from behind the arc at 4.9 percent.

The Falcons’ struggles continued into the start of the second half. However, behind the shooting of Jett, the Falcons started to cut into the Shep-
herd lead, despite Shepherd’s own offensie struggles to start the half.

The Rams were able to extend their lead as many as 14 points with plays like freedom panel Alex Tanner’s steal off of an in-bound pass, which led to a basket by supplement Rachel Farnell.

The Rams were able to keep a comfortable lead despite missing four first-half 3-pointers, while Howard and WGC.

Shepherd men crush Falcons

By Ben Gist, THE JOURNAL

SHEPHERDSTOWN — Despite playing in the second half, the Rams were able to extend their lead as many as 14 points with plays like freedom panel Alex Tanner’s steal off of an in-bound pass, which led to a basket by supplement Rachel Farnell.

The Rams were able to keep a comfortable lead despite missing four first-half 3-pointers, while Howard and WGC.

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SHEPHERDSTOWN — Despite leading the entire second half by 15 points or more, Shepherd played as hard as it did in the first half on the way to 89-76 win over Fairmont.

WOMEN'S HOOPS

FAIRMONT 68

SHEPHERD 74

Rams

February 2, 2010

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Fairmont 68

SHEPHERD 74

WOMEN’S HOOPS

SHEPHERDSTOWN — After jumping off to a quick start and holding a lead of 15 points at half, Shepherd was able to add the Rams’ six-game win streak. Shepherd looked to knock the Falcons out of first place in the West Virginia Conference, but the Rams were able to build their lead to 15 points at halftime. A quick start by the Rams was able to hold until the two conference losses over the weekend.

The Rams started off quickly on offense and aggressively on defense, blocking two shots and bringing in their first five 3-point attempts. The Rams opened up a lead of 12 at the half and closed the game with a 72-68 victory.

Lauren Driehaus of Fairmont dribbles the ball while Carrie Saunders of Shepherd defends during the win on Monday by Shepherd.
Cracking with energy, Rams top FSU

By Bob Maddox

Several hundred of those in the approximately 700 people gathered at the Brick City stood and froze as they heard the announcement that the Rams would face the Florida State Seminoles. They were to play the first of two games this season on the road. The Rams won, 61-52, in one of the most exciting games in the program's history.

The game was played on a court in Tallahassee, Florida, on a beautiful, sunny day. The Rams were led by senior quarterback Syracristo Chatzopoulos, who passed for 318 yards and three touchdowns. The Seminoles were led by junior running back Jimmy Smith, who rushed for 105 yards and two touchdowns.

Sports

Sports

Balanced Shepherd defeats Griffins

GREENSBURG, PA — The Rams against the Griffins was one of the closest games of the season. The Rams won, 71-69, in overtime. The game was played on a court in Greensburg, Pennsylvania, on a beautiful, sunny day.

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SU women suffer off night

GREENSBURG, (Pa.) - A long 30.2-run of points to close the first half left the Senator Hill women in a convincing 87-61 win over Shepherd last Thursday in a WVIAC game.

Shepherd could claim no closer than 12 points in the second half. The Lady Rams, Shepherd's third day in a row, played to their best and stopped the Lady Rams to third place with another road test coming at West Virginia Wesleyan last Saturday. Shepherd won 65-53 in the WVIAC and 6-4 overall while the Griffins went to 6-5 in the conference and 10-4 overall. The Lady Rams had a cold-shooting night from the field that could not be overcome even with a near-perfect game from the free throw line. Shepherd made 22 of 37 points (59.5 percent) of its field goal attempts - a season high. The Lady Rams were 14-of-33 (.424 percent) from the free throw line in the first half.

Seven Hill made only 20 of 59 field goal attempts (.339 percent) and converted 19 of the 27 (70.4 percent) free throw attempts. Shepherd owned a 48-43 advantage on the boards but was hurt by its 21 turnovers compared to the 14 committed by Seven Hill.

Katie Lanzler had 12 rebounds and Jordyn Butten had 12 points for the victorious Griffins. Butten shot well from both the field and foul line, going 6-for-9 from the floor and 7-for-8 from the free throw line.

Carric Saunders had 14 of Shepherd's 53 rebounds with reserve Emily Daniels (seven), Katie Biggs (six), and Shaffey Payne (six) helping out.

Seven Hill's game-high scorer was senior Forward Danielle St. John (24 points) who was 5-for-8 from the field and 8-for-10 from the foul line. Freshman forward Emily Daniels had 14 of her 17 points in the second half. Senior Center Emily Thomas had 10 points and 10 rebounds.

The Lady Rams are scheduled to open next Friday February 11 in Martinsburg, North Carolina against Chowan.

That's 10 days after the game was played. From his home on Gab- bino's Knob in Putnam-town- cy, O'Fallon won't be in Shepherd's starting sticking rotten, but his on-again nature still a mystery. His status could be uncertain before this season has even been completed. But there is yet to be an aggressive spot in the Lady Rams' starting lineup.

February 12 - Three games at Charleston, February 19 - Three games at Armstrong Atlantic in Savannah. After that, Shepherd is scheduled to play in Huntsville, Ala. on February 22 at Tuscaloosa, Ala. on February 23 and again at Tuscaloosa, Ala. on February 24.

Kams return many from title team

By Bob Madison

It's February, it's time for Shepherd basketball.

Coaches Bryan Casy and his defending WVIAC champion Rams take to the floor in the nation's largest city looking for a second straight NCAA tournament appearance.

Coach Casy enters the season with a 23-4 team that returns all five starters and seven of the team's eight seniors.

The Rams are led by preseason All-American Shavonte Zellous and senior guard Jasmyn Brown. Zellous, who is out for the season with a knee injury, is the team's leading scorer and rebounder. Brown is the team's leading scorer and rebounder. Zellous, who is out for the season with a knee injury, is the team's leading scorer and rebounder.

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Gallagher helps Shepherd men pull out victory

BY BEN GIBSON
FOR THE JOURNAL

SHEPHERDSTOWN — Despite downing Bluefield on Thursday, Shepherd coach Justin Naroolik didn't seem pleased with most of his team's effort.

While Naroolik praised senior guard Derek Gallagher's effort as the upperclassman led his team to a 67-60 victory, Naroolik wasn't happy with the rest of the team — even though the team posted its fifth win in six games. "We haven't reached that level of maturity as a team where no matter who we play, we come out with the same intensity," Naroolik said.

The Rams took an early lead against the Big Blues, answering every Bluefield basket with several of their own. The Rams also took advantage of 11 turnovers by Bluefield, scoring 16 points off the Blues' mistakes.

Gallagher led his team with 11 points in the first half. Shephard led by as many as 10 points in the first half and took a 37-29 lead into intermission. Despite the halftime lead, Naroolik feared that the Rams might fall into some of the same bad habits that helped lead to their slow start this season.

"Early in the year, we would let one or two players on the other team beat us," Naroolik said. "We wouldn't make the other team beat us as a whole."

Naroolik worried that Bluefield's Rico Thompson might be just that player after he scored 18 points in the first half. "At halftime I asked the players who was going to step up, who was going to make sure one player didn't beat us from the other team," Naroolik said. "Then Gallagher said he would make sure Thompson didn't beat us."

Gallagher did just that, limiting Thompson to seven points in the second half. Thompson finished with 25 points. "I just leave it all on the floor every night," Gallagher said.

"He played all out for all 40 minutes, and we all have to that," Naroolik said. "Basketball is a team sport, but he won the game for us tonight."

Gallagher gave his team 18 points, four assists and seven steals while taking up his coach's challenge to not let one player beat the whole team.

Freshman forward Chad Moore put up 15 points and brought down 11 rebounds, tied in rebounds with junior forward Dave Karlson.
Shepherdstown – Melanie Ford, Shepherd University’s interim head women’s basketball coach, has been named to the top coaching spot, the school announced on Wednesday.

“Coach Ford exhibits the right balance of leadership skills and coaching ability, making our decision to promote her to the head coach slot an easy one,” said Richard Helldobler, vice president for academic affairs. “Her student-centered approach and emphasis on academics and community service for her players have demonstrated that she is the right person to lead our women’s basketball team.”

Ford was named interim head coach in July 2009 after the resignation of coach Jodie Runner. In 2008, Ford was elevated to associate head coach.

Ford has led the Rams to an 11-7 overall record with a 10-4 conference mark this season. Shepherd, currently ranked third in the West Virginia Conference, has knocked off a pair of first-place teams this season and briefly ascended to the top of the league itself. The Rams are scheduled to visit Wheeling Jesuit today.

During Ford’s tenure as Shepherd’s top assistant coach, the Rams recorded a 116-88 overall mark—highlighted by a record-setting 24-7 record in 2007-08. That season, the Rams captured the WVC title and advanced to the NCAA II Sweet 16 in the program’s first postseason appearance.

The Rams posted five winning seasons during that seven-year period and also had five seasons with 15 wins or more.

Ford has coached a trio of first-team All-WVC selections in Cassie Murray, Laura Hawkins and Katie Warehime. Hawkins and Warehime also garnered all-East Regional honors in 2008.

Ford came to Shepherd from Wheeling Jesuit where she served as a graduate assistant while completing her master’s degree in business administration.

Prior to coaching at Wheeling Jesuit, Ford was a four-year lettermaker at the University of Charleston (1996-2000) where she earned first-team all-conference honors as a junior and senior as team captain as a senior. Ford helped lead the Golden Eagles to the WVC Tournament championship in 1998-99. She also set several scoring records at UC.

Ford’s basketball knowledge began in Galveston, Ind., where her father was her high school coach. In addition to her playing and coaching experience, she has had the opportunity to work several prestigious basketball camps at Tennessee, Purdue and Duke.

— From staff reports
WHEELING – It has been a rewarding week for Shepherd women’s basketball coach Melanie Ford.

Shepherd rewarded her success as an interim coach by naming Ford as the official head coach on Wednesday.

On Thursday, her team rewarded her with first place in the West Virginia Conference, that coming after an 80-78 overtime win over Wheeling Jesuit.

Junior guard Jerica Hewett’s jumper with one second left in overtime provided the difference for the Rams in their victory.

Hewett scored a game-high 22 points to pace the Rams. She was 8 of 12 from the floor with a 2-of-4 effort from 3-point range. Hewett was 4 of 5 from the foul line.

Carrie Saunders added 18 points and eight rebounds, while Camille Wilmer tossed in 17 points and grabbed six rebounds. Katie Biggs chipped in with eight points, while Melissa Furr tied Saunders for team-high rebounding honors with eight.

Lauren Myers had 17 points and Kara DeSantis added 15 points and 14 rebounds to lead Wheeling Jesuit (8-11, 7-7).

Kourtney Booth hit a 3-pointer for the Cardinals with one second left in regulation to force the extra session after a three-point play by Hewett with 12 seconds remaining gave the Rams a 72-69 lead.

Shepherd (12-7, 11-4) shot 39.1 percent (28 of 71) from the floor, 25 percent (4 of 16) from beyond the arc and 84.6 percent (22 of 26) from the foul line.

Wheeling Jesuit shot 41.8 percent (28 of 67) from the floor, 35 percent (7 of 20) from 3-point range and 71.4 percent (15 of 21) from the free throw line.

Shepherd had a 47-43 rebounding edge while both teams had 23 turnovers.

The Rams return to action at 2 p.m. Saturday when they host West Liberty for Pink Zone Day.